

# Outdoor Wellness and Leadership Certificate

## Overview

University College offers a 10-15 credit interdisciplinary **Certificate in Outdoor Wellness and Leadership**. This undergraduate certificate provides an opportunity for students to further their knowledge, skills and experience in outdoor education, which is a growing industry. Beyond careers related to the outdoor industry, students will develop skills and proficiency in conflict resolution, problem-solving, communication and cultural competence through various experiential learning environments.

Students will select from an existing array of courses in various disciplines. See Requirements (p. 1) for a list of approved courses. Courses for this certificate may be offered at Main Campus, Ambler Campus or online.

This certificate is offered to both undergraduate degree and non-degree seeking students. Degree-seeking students who are interested in this certificate should discuss with their home college advisor how the courses in the certificate will fit into their overall degree plan. Students are strongly encouraged to meet with a University College (UC) advisor to declare the certificate early in their academic career.

**Campus Location:** Main, Ambler.

**Program Code:** UC-OWL-CERT

## Contact Information

For questions about this certificate, contact [universitycollege@temple.edu](mailto:universitycollege@temple.edu).

## Certificate Requirements

1. The undergraduate Certificate in Outdoor Wellness and Leadership requires a minimum of five (5) courses and a minimum of ten (10) credit hours.
2. The courses will be selected as follows:
  - a. One course (2-3 credits) from the Leadership Theory category;
  - b. One course (2-3 credits) from the Risk Management and Ethics category;
  - c. Two courses (3-6 credits) in Applied/Experiential coursework;
  - d. The final course taken will be the Outdoor Wellness and Leadership capstone (UC 3187). Courses in the categories above must be successfully completed prior to taking UC 3187.
3. General Education courses (courses numbered 08xx and 09xx) may be included in the array of courses, but can constitute no more than one of the five courses toward the certificate. A maximum of one General Education course from our approved list can satisfy both the General Education and certificate requirements.
4. At least three courses required for the certificate must be completed at Temple.
5. A grade of C- or better in each course and a minimum cumulative GPA of 2.0 is required to earn the certificate.

## Approved Courses

The three categories of coursework within the Outdoor Wellness and Leadership Certificate are Leadership Theory, Risk Management and Ethics, and Applied/Experiential. Each category has a list of courses in various disciplines that satisfy the requirements for that area. (See course list below.) Please note that some courses may be offered only once a year.

Code	Title	Credit Hours
<b>Leadership Theory</b>		
Select one of the following:		2-3
ACTV 1058	Outdoor Activities and Leadership Skills	
ACTV 1076	Water Safety Instructor	
AOD 0836 or CSI 0836	Interpersonal Communication: Critical Competencies for Professional and Personal Success	
AOD 1016	Introduction to Adult Learning and Training	
AOD 2176	Team Process in Education	
AOD 2218	Leadership in Organizations	
AOD 3376	Facilitating Group Decision-Making	
HRM 1101 or HRM 1901	Leadership and Organizational Management	
HRM 3502	Leading People at Work	

RCTH 2205	Adventure Challenge/Programming	
SGM 0827	Creativity and Organizational Innovation	
SRM 3225	Recreation and Leisure Service Management	
SRM 3231	Leadership in Sport and Recreation	
<b>Risk Management and Ethics</b>		
Select one of the following:		2-3
ACTV 1059	Wilderness First Aid and Ethics	
ACTV 1075	Lifeguard Training	
CDEV 2255	Environmental Justice in Communities	
EES 0842	Sustainable Environments	
or ENST 0842	Sustainable Environments	
or ENST 0942	Honors Sustainable Environments	
or GUS 0842	Sustainable Environments	
or GUS 0942	Honors Sustainable Environments	
EES 0854	Geology of the National Parks	
or EES 0954	Honors Geology of the National Parks	
ENST 2001	Environment and Society	
ENST 2025	Environmental Law and Regulation	
ENST 2157	Environmental Ethics	
or ENST 2957	Honors Environmental Ethics	
or PHIL 2157	Environmental Ethics	
or PHIL 2957	Honors Environmental Ethics	
ENST 3051	Environmental Policy Issues	
or GUS 3051	Environmental Policy Issues	
ENST 3511	Sociology of the Environment	
HRM 2511	Corporate Sustainability: People, Profits & Planet	
LGLS 3511	Environmental Law and Sustainability	
RCTH 1102	Inclusive Recreation and Sports Services	
or RCTH 1902	Honors Inclusive Recreation and Sports Services	
SRM 2212	Law and Ethics in Sport and Recreation	
STHM 0827	Dimensions of Diversity: What's Brewing in the Melting Pot?	
STHM 2114	Diversity, Equity and Inclusion in Experience Industries	
THM 0877	Using Cultural Intelligence in a Globalized World	
<b>Applied/Experiential</b>		
Select two of the following:		3-6
ACTV 1000	Special Topics in Fitness	
ACTV 1049	Lifetime Outdoor Games and Sports	
ACTV 1057	Adventure Climbing	
ACTV 1061	Introduction to Backpacking and Camping	
ACTV 1063	Outdoor Activity Workshop	
ACTV 1068	Scuba Diving	
HORT 2554	RejuviNATURE: Improving Health and Well-being	
HORT 2754	Horticultural Therapy Skills	
<b>Final Capstone Course</b>		
UC 3187	Outdoor Wellness and Leadership Capstone	3
<b>Total Credit Hours</b>		<b>10-15</b>