

Art Therapy

Dr. Lisa Kay, Chair, Art Education & Community Arts Practices; Program Head Art Therapy
 Tyler School of Art and Architecture
 Tyler Building, Room 210V
 215-777-9264
 lisakay@temple.edu

The Bachelor of Arts (BA) in Art Therapy at the Tyler School of Art and Architecture introduces students to a professional pathway that integrates mental health, human services and the creative process. The program supports students' development of a broad range of skills needed to succeed in careers from art therapy to counseling, enriching the lives of individuals, families and communities.

While a master's degree is required in the professional field of art therapy, this program rigorously prepares students who are interested in pursuing advanced studies in art therapy at the graduate level or art therapy-related jobs. Students learn communication and collaboration, creative design and planning, critical observation and research and self-awareness and cultural responsiveness—skills that can be applied in many kinds of work and master's-level study in a variety of fields.

Tyler Art Therapy offers students access to the resources of a world-class art school; a large, urban, public research university; and faculty who are committed to the power of healing through art. Students benefit from the school's location in Philadelphia and the city's rich array of schools, communities, clinics, museums and galleries near Temple, opening up opportunities for networking, internships, jobs and graduate school.

Programs

- Bachelor of Arts in Art Therapy

Courses

ARTT 2011. Creative Process in Art Therapy. 3 Credit Hours.

This course explores creativity theory and applies concepts from art therapy and related fields and presents a blend of approaches including Eastern traditions, Jungian psychology, and other cross-cultural sources. Art making and reflective writing are used as tools to understand the creative process in art therapy and cultivate the discipline of self-awareness. Readings, seminar-style discussions, and processing of the art-making experiences will be utilized.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C- in (Art requirements: (ARTU 1401 or ART 1503), (ARTU 1201 or ART 1011), and (ARTU 1501 or ART 1012), (FDPR 1511 and FDPR 1521), or Select 2 from the following: VS 1151, VS 1351, and VS 1451)

ARTT 3004. Introduction to Art Therapy. 3 Credit Hours.

This course is designed to offer students a didactic and experiential overview of the field of art therapy. Material covered will include history, theory, and practice of art therapy processes and approaches as well as a survey of populations, settings, and applications. Lectures, readings, seminar-style discussion, audiovisual presentations, experiential exercises, and guest presentations comprise the structure of this course.

Repeatability: This course may not be repeated for additional credits.

ARTT 4082. Independent Study. 1 to 3 Credit Hour.

Self-directed study and research initiated by a student with an independent study contract developed in conjunction with, and supervised by, a faculty member in art therapy.

Class Restrictions: May not be enrolled in one of the following Classes: Freshman 0 to 29 Credits.

Repeatability: This course may be repeated for additional credit.

ARTT 4289. Field Work in Art Therapy. 4 Credit Hours.

The course examines the important role of art making in promoting resilience in individuals, families and communities; explores the role the arts play in addressing issues of inequality and injustice; and building strong and caring communities are examined. BA in Art Therapy majors engage in fieldwork experience as art facilitators with individuals and groups at pre-approved fieldwork sites. Philosophies of therapeutic art making practices and experience with appropriate materials; resources related to art therapy with individuals who have diverse educational, social, emotional, communicative and physical needs are explored. Readings, group discussions, and processing of the art-making experiences will be utilized.

College Restrictions: Must be enrolled in one of the following Colleges: Art Architecture, Tyler School.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C- in (ARTE 2011 or CART 2011) and (ARTE 3004 or CART 3004)