

Health Studies BA

Overview

The **Bachelor of Arts in Health Studies**, offered by the Department of Health and Rehabilitation Sciences at Temple's College of Public Health, is a degree completion program for students interested in health fields which do not require a breadth of bench sciences. Generally, these are students who have at least 60 credits and a GPA at or below a 3.0 out of 4.0 scale. Students can utilize the flexibility of this program to explore a wide range of interests and to tailor their degree to their own interests in areas such as public health, health information management or psychology (just to name a few), while also preparing for careers in occupational therapy, athletic training and many more. Note: This program is intended for internal and external transfer students, not direct admit for incoming students. Incoming first year students interested in health professions should consider the BS in Health Professions.

Students in the BA in Health Studies will take a wide range of courses in public health, anatomy and physiology, statistics, and health care. This interdisciplinary approach will help prepare students to become professionals who seek healthcare solutions focused on interdisciplinary approaches and upstream interventions resulting in innovative solutions to patient and health care issues.

Campus Location: Main

Program Code: HP-HLST-BA

What makes this program special?

Flexible Curriculum: Students will have the opportunity to work with academic advisors and tailor their degree to their goals and interests.

Interdisciplinary Curriculum: Course work will provide background in the science of the human body, determinants of health, health communication, nutrition, health care systems, and much more.

Extraordinary Educators: Students take courses from leaders and innovators across fields in the College of Public Health. These educators use innovative classroom approaches and a wealth of practical experience to bring real world lessons and skills to the curriculum.

Special Admissions Information

Transfers only (internal and external). Generally minimum 60 credits and GPA at or below a 3.0 out of 4.0 scale.

Distinction in Major

Degree completion initiative.

Contact Information

Wendy Cheesman, DPT, MPH, ATC, Program Director
Pearson Hall, Room 243
215-204-2789
wendy.cheesman@temple.edu

Learn more about the Bachelor of Arts in Health Studies.

These requirements are for students who matriculated in academic year 2023-2024. Students who matriculated prior to fall 2023 should refer to the Archives to view the requirements for their Bulletin year.

Summary of Requirements

University Requirements

All new students are required to complete the university's General Education (GenEd) curriculum.

All University GenEd courses must be completed with a minimum grade of C- in order to count toward graduation; however, students are encouraged to aim for the B grade or higher to improve their chances for successful admission to their graduate program of choice. It should be noted that the Department of Kinesiology requires KINS 1223 Human Anatomy and Physiology I and KINS 1224 Human Anatomy and Physiology II to fulfill the GenEd Science & Technology requirement. Further note that KINS 1223 and KINS 1224 are required prerequisites for admission to the majority of health related graduate programs, and students are encouraged to earn a B or better in those classes.

All Temple students must take a minimum of two writing-intensive courses as part of the major. The specific writing-intensive courses for this major are HRPR 3096 and HRPR 3197.

College Requirement

All College of Public Health undergraduates must successfully complete the College Core Course, HRPR 1001 Public Health: The Way We Live, Work and Play.

Major Requirements

All program courses must be completed with a minimum grade of C. However, if a student wants to be successful when applying for a graduate program in the health related fields, it is recommended that all program courses be completed with a minimum grade of B. This is especially important for the core courses and required prerequisites.

It should also be noted that some electives are 3 credits and others are 4 credits. In planning the course of study, the student needs to be mindful of the 120-credit requirement for graduation when choosing electives. It is expected the student will work with his/her advisor to ensure the 120 credits are reached and timely completion of the BA in Health Studies program is on track.

Code	Title	Credit Hours
College Requirement		
HRPR 1001	Public Health: The Way We Live, Work and Play	3
Required Core		
HIM 1101	Medical Terminology	3
PSY 1001	Introduction to Psychology	3
KINS 1223	Human Anatomy and Physiology I	4
KINS 1224	Human Anatomy and Physiology II	4
SBS 2101	Disease Prevention and Control	3
SBS 2103	Health Psychology and Human Behavior	3
EPBI 2219	Biostatistics and Public Health	3
HPM 2214	Politics and Payments in US Healthcare System	3
KINS 4242	Exercise, Nutrition and Behavior	3
HRPR 3096	Cultural Competency in Health and Healthcare (WI)	3
HRPR 3197	Understanding and Applying Research in Health Professions	3
Content Electives		
Select from the following content electives:		31
HRPR 1005	Introduction to Mindfulness	
HRPR 1101	Contemporary Aspects of Disability	
HRPR 1222	Introduction to Clinical Health Professions	
HRPR 1444	Movement Injuries: Prevention and Care	
HRPR 2106	An Introduction to Holistic Practices and Integrative Medicine	
HRPR 2421	First Aid and CPR for Health and Exercise	
HRPR 2442	Basic Assessment of Musculoskeletal Injuries	
HRPR 2900	Honors Special Topics	
HRPR 3001	Emergency Medical Technician	
HRPR 3443	Assessment of Head, Neck, and Spine Injuries in Sport	
HRPR 4282	Independent Study in Health Professions	
HRPR 4283	Directed Readings and Study in Health Professions	
HRPR 4821	LGBTQ+ Health Through the Lifespan	
ENVH 1103	International Health	
EPBI 2301	Public Health Beyond Borders	
EPBI 2361	Epidemiology 360: Determinants, Disease and Health-related Outcomes	
EPBI 3101	Introduction to Epidemiology	
EPBI 3102	Introduction to Research Methods	
HIM 2215	Health Information Management IT Fundamentals	
HIM 3106	Pathophysiology	
KINS 2204	Motor Behavior	
KINS 3202	Biomechanics of Physical Activity	
GUS 3071	Health Geography	

SOC 1576	Introduction to Sociology for Health Professions
SBS 2201	Health Communication
SBS 3001	Community-Based Participatory Research I
SBS 3103	Counseling Techniques for Health Professionals
KINS 2000+ choice of Kinesiology courses	

Total Credit Hours **69**

Suggested Academic Plan

Bachelor of Arts in Health Studies

Suggested Plan for New Students Starting in the 2023-2024 Academic Year

Year 1		
Fall		Credit Hours
ENG 0802 or ENG 0812 or ENG 0902	Analytical Reading and Writing or Analytical Reading and Writing: ESL or Honors Writing About Literature	4
KINS 1223	Human Anatomy and Physiology I	4
HRPR 1001	Public Health: The Way We Live, Work and Play	3
PSY 1001	Introduction to Psychology	3
Credit Hours		14
Spring		
HIM 1101	Medical Terminology	3
KINS 1224	Human Anatomy and Physiology II	4
IH 0851 or IH 0951	Intellectual Heritage I: The Good Life or Honors Intellectual Heritage I: The Good Life	3
GenEd Breadth Course		3
Elective (Based on educational goals) ¹		3
Credit Hours		16
Year 2		
Fall		
IH 0852 or IH 0952	Intellectual Heritage II: The Common Good or Honors Intellectual Heritage II: The Common Good	3
SBS 2103	Health Psychology and Human Behavior	3
GenEd Breadth Course		3
Elective (Based on educational goals) ¹		3
Free Elective ^{2,3}		3
Credit Hours		15
Spring		
EPBI 2219	Biostatistics and Public Health	3
HPM 2214	Politics and Payments in US Healthcare System	3
GenEd Breadth Course		3-4
Elective (Based on educational goals) ¹		3
Free Elective ^{2,3}		4-3
Credit Hours		16
Year 3		
Fall		
GenEd Breadth Course		3
Elective (Based on educational goals) ¹		3
Elective (Based on educational goals) ¹		3
Free Elective ^{2,3}		3
Free Elective ^{2,3}		3
Credit Hours		15

Spring		
SBS 2101	Disease Prevention and Control	3
GenEd Quantitative Literacy Course	^{GQ}	4
Elective (Based on educational goals)	¹	3
Free Elective	^{2,3}	3
Free Elective	^{2,3}	3
Credit Hours		16
Year 4		
Fall		
HRPR 3096	Cultural Competency in Health and Healthcare	3
KINS 4242	Exercise, Nutrition and Behavior	3
Elective (Based on educational goals)	¹	3
Elective (Based on educational goals)	¹	3
GenEd Breadth Course		3
Credit Hours		15
Spring		
HRPR 3197	Understanding and Applying Research in Health Professions	3
Elective (Based on educational goals)	¹	4
Elective (Based on educational goals)	¹	3
Free Elective	^{2,3}	3
Credit Hours		13
Total Credit Hours		120

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Please note that some electives are 3 credits and others are 4 credits. In planning the course of study, the student needs to be mindful of the 120-credit requirement for graduation when choosing electives. It is expected the student will work with their advisor to ensure the 120 credits are reached and timely completion of the BA in Health Studies program is on track.

2

Please note that free elective credits will vary depending on the number of major-related elective credits that have been or will be taken. It is expected that the student will work with their advisor to ensure the 120 credits are reached and timely completion of the BA in Health Studies program is on track.

3

Students may work closely with their advisor to plan out a suggested minor or certificate to meet their educational goals. While the minor or certificate is not required, it is strongly recommended due to the flexibility of the BA in Health Studies.