

Bachelor of Arts in Health Studies

The Bachelor of Arts in Health Studies at Temple's College of Public Health is a degree completion program for students interested in health fields which do not require a breadth of bench sciences. Students can utilize the flexibility of this program to explore a wide range of interests and to tailor their degree to their own interests in areas such as public health, health information management, or psychology (just to name a few), while also preparing for careers in occupational therapy, athletic training, and many more. Note: This program is intended for internal and external transfer students, not direct admit for incoming students. Incoming first year students interested in Health Professions should consider the BS in Health Professions.

Students in the BA in Health Studies will take a wide range of courses in public health, anatomy and physiology, statistics, and health care. This interdisciplinary approach will help prepare students to become professionals who seek healthcare solutions focused on interdisciplinary approaches and upstream interventions resulting in innovative solutions to patient and health care issues.

What makes this program special?

Flexible Curriculum:

Students will have the opportunity to work with academic advisors and tailor their degree to their goals and interests.

Interdisciplinary Curriculum:

Course work will provide background in the science of the human body, determinants of health, health communication, nutrition, health care systems, and much more.

Extraordinary Educators:

Students take courses from leaders and innovators across fields in the College of Public Health. These educators use innovative classroom approaches and a wealth of practical experience to bring real world lessons and skills to the curriculum.

Summary of Requirements

University Requirements

All new students are required to complete the university's General Education (GenEd) curriculum.

All University GenEd courses must be completed with a minimum grade of C- in order to count toward graduation; however, students are encouraged to aim for the B grade or higher to improve their chances for successful admission to their graduate program of choice. It should be noted that the Department of Kinesiology requires KINS 1223 Human Anatomy and Physiology I and KINS 1224 Human Anatomy and Physiology II to fulfill the GenEd Science & Technology requirement. Further note that KINS 1223 and KINS 1224 are required prerequisites for admission to the majority of health related graduate programs, and students are encouraged to earn a B or better in those classes.

All Temple students must take a minimum of two writing-intensive courses as part of the major. The specific writing-intensive courses for this major are HRPR 3096 and HRPR 4096.

College Requirement

All College of Public Health undergraduates must successfully complete the College Core Course, HRPR 1001 Public Health: The Way We Live, Work and Play.

Major Requirements

All program courses must be completed with a minimum grade of C. However, if a student wants to be successful when applying for a graduate program in the health related fields, it is recommended that all program courses be completed with a minimum grade of B. This is especially important for the core courses and required prerequisites.

It should also be noted that some electives are 3 credits and others are 4 credits. In planning the course of study, the student needs to be mindful of the 120-credit requirement for graduation when choosing electives. It is expected the student will work with his/her advisor to ensure the 120 credits are reached and timely completion of the BA HS degree is on track.

Code	Title	Credit Hours
College Requirement		
HRPR 1001	Public Health: The Way We Live, Work and Play	3
Required Core		
HIM 1101	Medical Terminology	3
PSY 1001	Introduction to Psychology	3
KINS 1223	Human Anatomy and Physiology I	4
KINS 1224	Human Anatomy and Physiology II	4

SBS 2101	Disease Prevention and Control	3
SBS 2103	Health Psychology and Human Behavior	3
EPBI 2219	Biostatistics and Public Health	3
HPM 2214	Politics and Payments in US Healthcare System	3
KINS 4242	Exercise, Nutrition and Behavior	3
HRPR 3096	Cultural Competency in Health and Healthcare (WI)	3
HRPR 4096	Introduction to the Narrative in Patient-Centered Health Care (WI)	3
Choose from content electives from across the college		31
ENVH 1103	International Health	
EPBI 2301	Public Health without Borders	
EPBI 2361	Epidemiology 360: Determinants, Disease and Health-related Outcomes	
EPBI 3101	Introduction to Epidemiology	
EPBI 3102	Introduction to Research Methods	
HIM 2215	Health Information Management IT Fundamentals	
HIM 3106	Pathophysiology	
HRPR 1101	Contemporary Aspects of Disability	
HRPR 1005	Introduction to Mindfulness	
HRPR 2106	An Introduction to Holistic Practices and Integrative Medicine	
HRPR 2442		
HRPR 3443		
KINS 2204	Motor Behavior	
KINS 3202	Biomechanics of Physical Activity	
GUS 3071	Health Geography	
SOC 1576	Introduction to Sociology for Health Professions	
SOC 2553	Sociology of Aging	
SBS 2201	Health Communication	
SBS 3001	Community-Based Participatory Research I	
SBS 3103	Counseling Techniques for Health Professionals	
KINS 2000+ choice of Kinesiology courses		
PSY 2000+ Choice of Advance Psychology courses		
PHIL 1000-4999 Choice of Ethics Courses		

Total Credit Hours**69**

Suggested Academic Plan

Bachelor of Arts in Health Studies

Requirements for New Students starting in the 2021-2022 Academic Year

Year 1		Credit Hours
Fall		
ENG 0802, 0812, or 0902	Analytical Reading and Writing [GW]	4
KINS 1223	Human Anatomy and Physiology I	4
HRPR 1001	Public Health: The Way We Live, Work and Play	3
PSY 1001	Introduction to Psychology	3
Term Credit Hours		14
Spring		
HIM 1101	Medical Terminology	3
KINS 1224	Human Anatomy and Physiology II	4
IH 0851 or 0951	Intellectual Heritage I: The Good Life [GY]	3
GenEd Breadth Course		3
Elective (Based on educational goals) ¹		3
Term Credit Hours		16

Year 2		
Fall		
IH 0852 or 0952	Intellectual Heritage II: The Common Good [GZ]	3
SBS 2103	Health Psychology and Human Behavior	3
GenEd Breadth Course		3
Elective (Based on educational goals) ¹		3
Free Elective ^{2,3}		3
Term Credit Hours		15
Spring		
EPBI 2219	Biostatistics and Public Health	3
HPM 2214	Politics and Payments in US Healthcare System	3
GenEd Breadth Course		3-4
Elective (Based on educational goals) ¹		3
Free Elective ^{2,3}		4-3
Term Credit Hours		16
Year 3		
Fall		
GenEd Breadth Course		3
Elective (Based on educational goals) ¹		3
Elective (Based on educational goals) ¹		3
Free Elective ^{2,3}		3
Free Elective ^{2,3}		3
Term Credit Hours		15
Spring		
SBS 2101	Disease Prevention and Control	3
GenEd Quantitative Literacy Course [GQ]		4
Elective (Based on educational goals) ¹		3
Free Elective ^{2,3}		3
Free Elective ^{2,3}		3
Term Credit Hours		16
Year 4		
Fall		
HRPR 3096	Cultural Competency in Health and Healthcare [WI]	3
KINS 4242	Exercise, Nutrition and Behavior	3
Elective (Based on educational goals) ¹		3
Elective (Based on educational goals) ¹		3
GenEd Breadth Course		3
Term Credit Hours		15
Spring		
HRPR 4096	Introduction to the Narrative in Patient-Centered Health Care [WI]	3
Elective (Based on educational goals) ¹		4
Elective (Based on educational goals) ¹		3
Free Elective ^{2,3}		3
Term Credit Hours		13
Total Credit Hours:		120

¹ Please note that some electives are 3 credits and others are 4 credits. In planning the course of study, the student needs to be mindful of the 120-credit requirement for graduation when choosing electives. It is expected the student will work with their advisor to ensure the 120 credits are reached and timely completion of the B.A. in Health Studies degree is on track.

² Please note that free elective credits will vary depending on the number of major-related elective credits that have been or will be taken. It is expected that the student will work with their advisor to ensure the 120 credits are reached and timely completion of the B.A. in Health Studies degree is on track.

4 *Bachelor of Arts in Health Studies*

3 Students may work closely with their advisor to plan out a suggested minor or certificate to meet their educational goals. While the minor or certificate is not required, it is strongly recommended due to the flexibility of the B.A. in Health Studies.