Recreational Therapy (RCTH)

Courses

**RCTH 0813. Disability Identity in Contemporary Society. 3 Credit Hours.**
The purpose of this course is to provide students with opportunities designed to enhance their awareness of issues surrounding disability, including examining personal, societal, and global attitudes toward individuals with disabilities; enhancing knowledge of accessibility, and considering how to value disability through a community and cultural lens as to create a fully inclusive world. Students examine how disability is socially and culturally defined, and how disability affects aspects of personal identity, like gender, race, and culture. Historical perspectives of disability marked by fear and discrimination and fueled by media portrayals are considered as well as recent trends in personal, social, and environmental changes that result in a more inclusive, tolerant, and accommodating environment. Students cannot receive credit for this course if they have successfully completed THRC 0813 or GUS 0813.

Course Attributes: GB

Repeatability: This course may not be repeated for additional credits.

**RCTH 1102. Inclusive Recreation and Sports Services. 3 Credit Hours.**
This course focuses on the organization and delivery of recreation and sport services to individuals with disabilities. Content includes principles and procedures for promoting inclusive community leisure services. Hands-on learning through volunteer experience is required. NOTE: Required of all students majoring in Recreational Therapy (recommended for other majors involved in human services; in particular, services to persons with disabilities or health limitations).

Repeatability: This course may not be repeated for additional credits.

**RCTH 2103. Foundations of Recreational Therapy Practice. 3 Credit Hours.**
An introduction to the historical and conceptual roots of recreational therapy and its contemporary status as a profession is gained in this course. Content includes social-psychological aspects of recreation and leisure, recreational therapy service delivery models, legislation, professional organizations, and credentialing procedures.

Repeatability: This course may not be repeated for additional credits.

**RCTH 2104. Recreational Therapy Modalities. 3 Credit Hours.**
In this experiential course, students are exposed to an assortment of activity-based interventions used in recreational therapy practice. Modalities to which students are introduced include but are not limited to animal-assisted therapy, reminiscence, humor, sports, expressive arts, anger management, social skills, and stress management. NOTE: Special authorization is required for non-majors. For Recreational Therapy majors, all Health Related Professions courses (HRPR 1001, HRPR 2103) and Cognate Core courses (KINS 1223, PSY 1001, PSY/SOC 1167, PSY 2301, and PSY 2201) must be successfully passed with a C or better to move on to this upper-division Recreational Therapy course.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:
- (HRPR 1001|Minimum Grade of C|May not be taken concurrently)
- OR HRPR 1101|Minimum Grade of C|May not be taken concurrently
- OR RCTH 0813|Minimum Grade of C|May not be taken concurrently
- OR HRPR 1201|Minimum Grade of C|May not be taken concurrently
- AND (HRPR 2103|Minimum Grade of C|May not be taken concurrently)
- AND (KINS 1223|Minimum Grade of C|May not be taken concurrently)
- OR KIN1 Y|May not be taken concurrently
- AND (PSY 1061|Minimum Grade of C|May not be taken concurrently)
- OR PSY 1001|Minimum Grade of C|May not be taken concurrently
- OR PSY1 Y|May not be taken concurrently
- AND (RCTH 1102|Minimum Grade of C|May not be taken concurrently)
RTH 2201. Recreational Therapy and Developmental Disabilities. 3 Credit Hours.
This course allows students to explore the role of recreation in the habilitation, rehabilitation and inclusive community life of individuals with developmental disabilities. Students are introduced to the principles and methods of service delivery based on person-centered planning, transitional life skills, community reintegration and inclusion. NOTE: For Recreational Therapy majors, all Health Related Professions courses (HRPR 1001, HRPR 2103) and Cognate Core courses (KINS 1223, PSY 1001, PSY/SOC 1167, PSY 2301, and PSY 2201) must be successfully passed with a C or better to move on to this upper-division Recreational Therapy course.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:
(HRPR 1001|Minimum Grade of C|May not be taken concurrently
OR HRPR 1101|Minimum Grade of C|May not be taken concurrently
OR RCTH 0813|Minimum Grade of C|May not be taken concurrently
OR HRPR 1201|Minimum Grade of C|May not be taken concurrently
AND (HRPR 2103|Minimum Grade of C|May not be taken concurrently)
AND (KINS 1223|Minimum Grade of C|May not be taken concurrently
OR KIN1 Y|May not be taken concurrently)
AND (PSY 1061|Minimum Grade of C|May not be taken concurrently
OR PSY 1001|Minimum Grade of C|May not be taken concurrently
OR PSY1 Y|May not be taken concurrently
AND (RCTH 1102|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 2103|Minimum Grade of C|May not be taken concurrently)

RTH 3096. Assessment and Documentation in Recreational Therapy. 3 Credit Hours.
In this course, students learn the clinical process used by healthcare professionals when working in health and human service agencies with particular emphasis on assessment and documentation as it relates to the discipline of recreational therapy. Students learn clinical skills related to client intake and assessment, treatment planning, and documentation. NOTE: Special authorization is required for non-majors.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Therapeutic Recreation.

Course Attributes: WI

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:
(HRPR 1001|Minimum Grade of C|May not be taken concurrently
OR HRPR 1101|Minimum Grade of C|May not be taken concurrently
OR RCTH 0813|Minimum Grade of C|May not be taken concurrently
OR HRPR 1201|Minimum Grade of C|May not be taken concurrently
AND (HRPR 2103|Minimum Grade of C|May not be taken concurrently)
AND (KINS 1223|Minimum Grade of C|May not be taken concurrently
OR KIN1 Y|May not be taken concurrently)
AND (PSY 1061|Minimum Grade of C|May not be taken concurrently
OR PSY 1001|Minimum Grade of C|May not be taken concurrently
OR PSY1 Y|May not be taken concurrently
AND (RCTH 1102|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 2103|Minimum Grade of C|May not be taken concurrently)
RCTR 3111. Health Promotion through Leisure Education. 3 Credit Hours.
In this course, students examine the relationship between health promotion and leisure behavior for individuals with disabilities. Students learn to design programs for health promotion and leisure education. The use of technology to develop health promotion teaching materials is required. NOTE: For Recreational Therapy majors, all Health Related Professions courses (HRPR 1001, HRPR 2103) and Cognate Core courses (KINS 1223, PSY 1001, PSY/SOC 1167, PSY 2301, and PSY 2201) must be successfully passed with a C or better to move on to this upper-division Recreational Therapy course.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:
(HRPR 1001|Minimum Grade of C|May not be taken concurrently
OR HRPR 1101|Minimum Grade of C|May not be taken concurrently
OR RCTR 0813|Minimum Grade of C|May not be taken concurrently
OR HRPR 1201|Minimum Grade of C|May not be taken concurrently)
AND (HRPR 2103|Minimum Grade of C|May not be taken concurrently)
AND (KINS 1223|Minimum Grade of C|May not be taken concurrently
OR KIN1 Y|May not be taken concurrently)
AND (PSY 1001|Minimum Grade of C|May not be taken concurrently
OR PSY1 Y|May not be taken concurrently)
AND (PSY 2201|Minimum Grade of C|May not be taken concurrently
OR PSY2 Y|May not be taken concurrently
OR RCTR 1102|Minimum Grade of C|May not be taken concurrently
OR RCTR 2103|Minimum Grade of C|May not be taken concurrently)
AND (PSY 2301|Minimum Grade of C|May not be taken concurrently
OR PSY3 Y|May not be taken concurrently)
AND (RCTH 2104|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 3096|Minimum Grade of C|May not be taken concurrently)
AND (PSY 1167|Minimum Grade of C|May not be taken concurrently
OR SOC 1167|Minimum Grade of C|May not be taken concurrently
OR PSY 1003|Minimum Grade of C|May not be taken concurrently
OR STT4 Y|May not be taken concurrently)

RCTR 3185. Internship I in Recreational Therapy. 3 Credit Hours.
This course involves a 150-hour field placement experience at a health and human service agency in which students are involved with ongoing recreational therapy programs and services. NOTE: Students are required to obtain child abuse and criminal clearance background checks and complete the College of Health Professions Health Screening by the deadline date set by the junior internship coordinator PRIOR to beginning field placement experience. For Recreational Therapy majors, all Health Related Professions courses (HRPR 1001, HRPR 2103) and Cognate Core courses (KINS 1223, PSY 1001, PSY/SOC 1167, PSY 2301, and PSY 2201) must be successfully passed with a C or better to move on to this upper-division Recreational Therapy course.

Repeatability: This course may be repeated for additional credit.

Pre-requisites:
(HRPR 1001|Minimum Grade of C|May not be taken concurrently
OR HRPR 1101|Minimum Grade of C|May not be taken concurrently
OR RCTR 0813|Minimum Grade of C|May not be taken concurrently
OR HRPR 1201|Minimum Grade of C|May not be taken concurrently)
AND (HRPR 2103|Minimum Grade of C|May not be taken concurrently)
AND (KINS 1223|Minimum Grade of C|May not be taken concurrently
OR KIN1 Y|May not be taken concurrently)
AND (PSY 1001|Minimum Grade of C|May not be taken concurrently
OR PSY1 Y|May not be taken concurrently)
AND (PSY 2201|Minimum Grade of C|May not be taken concurrently
OR PSY2 Y|May not be taken concurrently
OR RCTR 1102|Minimum Grade of C|May not be taken concurrently
OR RCTR 2103|Minimum Grade of C|May not be taken concurrently)
AND (PSY 2301|Minimum Grade of C|May not be taken concurrently
OR PSY3 Y|May not be taken concurrently)
AND (RCTH 2104|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 3096|Minimum Grade of C|May not be taken concurrently)
AND (PSY 1167|Minimum Grade of C|May not be taken concurrently
OR SOC 1167|Minimum Grade of C|May not be taken concurrently
OR PSY 1003|Minimum Grade of C|May not be taken concurrently
OR STT4 Y|May not be taken concurrently)
RCTH 3202. Recreational Therapy and Mental Health. 3 Credit Hours.

Students examine the role of recreational therapy in behavioral healthcare in this course. Content includes terminology, etiology, and care of individuals with acute and chronic mental illnesses and the importance of recreation as a coping resource and component of life quality. Issues associated with relapse prevention and the role and function of recreational therapists within the healthcare team are discussed. NOTE: For Recreational Therapy majors, all Health Related Professions courses (HRPR 1001, HRPR 2103) and Cognate Core courses (KINS 1223, PSY 1001, PSY/SOC 1167, PSY 2301, and PSY 2201) must be successfully passed with a C or better to move on to this upper-division Recreational Therapy course.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

(HRPR 1001|Minimum Grade of C|May not be taken concurrently)
OR HRPR 1101|Minimum Grade of C|May not be taken concurrently
OR RCTH 0813|Minimum Grade of C|May not be taken concurrently
OR HRPR 1201|Minimum Grade of C|May not be taken concurrently)
AND (HRPR 2103|Minimum Grade of C|May not be taken concurrently)
AND (PSY 1061|Minimum Grade of C|May not be taken concurrently
OR PSY 1001|Minimum Grade of C|May not be taken concurrently
OR PSY 1 Y|May not be taken concurrently)
AND (PSY 2201|Minimum Grade of C|May not be taken concurrently
OR PSY 2 Y|May not be taken concurrently)
AND (RCTH 1102|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 2103|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 3096|Minimum Grade of C|May not be taken concurrently)
Recreational Therapy (RCTH) 4111. Administration of Recreational Therapy. 3 Credit Hours.
This course explores the management of recreational therapy services based on professional standards of practice. Reflecting the range of healthcare and human services agencies where recreational therapy is practiced, topics include administrative theory and decision-making, budgeting and reimbursement, risk management, marketing, personnel and volunteer policies and procedures, and quality improvement. The use of technology as part of the management process is also discussed, including the use of spreadsheets and other data management programs. NOTE: This course is for majors only. For Recreational Therapy majors, all Health Related Professions courses (HRPR 1001, HRPR 2103) and Cognate Core courses (KINS 1223, PSY 1001, PSY/SOC 1167, PSY 2301, and PSY 2201) must be successfully passed with a C or better to move on to this upper-division Recreational Therapy course.

Class Restrictions: Must be enrolled in one of the following Classes: Senior 90 to 119 Credits, Senior/Fifth Year 120+ Credits.

Co-requisites: RCTH 4185.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:
(HRPR 1001|Minimum Grade of C|May not be taken concurrently)
OR (HRPR 1101|Minimum Grade of C|May not be taken concurrently)
OR (RCTH 0813|Minimum Grade of C|May not be taken concurrently)
OR (HRPR 1201|Minimum Grade of C|May not be taken concurrently)
AND (HRPR 2103|Minimum Grade of C|May not be taken concurrently)
AND (KINS 1223|Minimum Grade of C|May not be taken concurrently)
OR (KIN1 Y|May not be taken concurrently)
AND (PSY 1061|Minimum Grade of C|May not be taken concurrently)
OR (PSY 1001|Minimum Grade of C|May not be taken concurrently)
OR (PSY1 Y|May not be taken concurrently)
AND (PSY 2201|Minimum Grade of C|May not be taken concurrently)
OR (PSY2 Y|May not be taken concurrently)
AND (RCTH 1102|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 2103|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 2104|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 3103|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 3111|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 3185|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 3196|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 4196|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 3096|Minimum Grade of C|May not be taken concurrently)
AND (PSY 2301|Minimum Grade of C|May not be taken concurrently)
OR (PSY3 Y|May not be taken concurrently)
OR (EDUC 1322|Minimum Grade of C|May not be taken concurrently)
AND (PSY 1167|Minimum Grade of C|May not be taken concurrently)
OR (SOC 1167|Minimum Grade of C|May not be taken concurrently)
OR (PSY 1003|Minimum Grade of C|May not be taken concurrently)
OR (STT4 Y|May not be taken concurrently)
Recreational Therapy (RCTH)

RCTH 4185. Internship II in Recreational Therapy. 12 Credit Hours.
This course is a semester-long, 600-hour field placement where students apply academic learning to demonstrate competencies associated with entry-level practice in recreational therapy. NOTE: Requires current certification in first aid and CPR. Pre-placement health screening, child abuse and criminal clearances are also required prior to the start of the internship experience by the deadline date set by the senior internship coordinator. See the senior internship coordinator for details.

Class Restrictions: Must be enrolled in one of the following Classes: Senior 90 to 119 Credits, Senior/Fifth Year 120+ Credits.

Co-requisites: RCTH 4111.

Repeatability: This course may be repeated for additional credit.

Pre-requisites:
(HRPR 1001|Minimum Grade of C|May not be taken concurrently
OR HRPR 1101|Minimum Grade of C|May not be taken concurrently
OR RCTH 0813|Minimum Grade of C|May not be taken concurrently
OR HRPR 1201|Minimum Grade of C|May not be taken concurrently
AND (HRPR 2103|Minimum Grade of C|May not be taken concurrently
AND (KINS 1223|May not be taken concurrently
OR KIN1 Y|May not be taken concurrently)
AND (PSY 1061|Minimum Grade of C|May not be taken concurrently
OR PSY 1001|Minimum Grade of C|May not be taken concurrently
OR PSY1 Y|May not be taken concurrently)
AND (PSY 2201|Minimum Grade of C|May not be taken concurrently
OR PSY2 Y|May not be taken concurrently)
AND (RCTH 1102|Minimum Grade of C|May not be taken concurrently
AND (RCTH 2103|Minimum Grade of C|May not be taken concurrently
AND (RCTH 2104|Minimum Grade of C|May not be taken concurrently
AND (RCTH 3103|Minimum Grade of C|May not be taken concurrently
AND (RCTH 3111|Minimum Grade of C|May not be taken concurrently
AND (RCTH 3185|Minimum Grade of C|May not be taken concurrently
AND (RCTH 3196|Minimum Grade of C|May not be taken concurrently
AND (RCTH 4196|Minimum Grade of C|May not be taken concurrently
AND (RCTH 3096|Minimum Grade of C|May not be taken concurrently
AND (PSY 2301|Minimum Grade of C|May not be taken concurrently
OR PSY3 Y|May not be taken concurrently
OR EDUC 1322|Minimum Grade of C|May not be taken concurrently
AND (PSY 1167|Minimum Grade of C|May not be taken concurrently
OR SOC 1167|Minimum Grade of C|May not be taken concurrently
OR PSY 1003|Minimum Grade of C|May not be taken concurrently
OR STT4 Y|May not be taken concurrently)
RCHT 4205. Recreational Therapy in Geriatric Service Settings. 3 Credit Hours.
This course is designed to provide an overview of settings that provide services for the geriatric population. The course examines current techniques and philosophies toward recreational therapy programming for individuals utilizing such services. The students are required to visit, observe, and complete assignments with elders in geriatric service settings throughout the semester. The observation and hands-on experience support student learning and create opportunities to interact with elders. The course examines techniques, issues, and best practices related to conducting innovative and effective programs for elders in a variety of settings, as well as discussing the current trends and obstacles for delivery of services.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:
(HRPR 1001|Minimum Grade of C|May not be taken concurrently
OR HRPR 1101|Minimum Grade of C|May not be taken concurrently
OR RCHT 0813|Minimum Grade of C|May not be taken concurrently
OR HRPR 1201|Minimum Grade of C|May not be taken concurrently)
AND (HRPR 2103|Minimum Grade of C|May not be taken concurrently)
AND (KINS 1223|Minimum Grade of C|May not be taken concurrently
OR KIN1 Y|May not be taken concurrently)
AND (PSY 1061|Minimum Grade of C|May not be taken concurrently
OR PSY 1001|Minimum Grade of C|May not be taken concurrently
OR PSY1 Y|May not be taken concurrently)
AND (RCTH 1102|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 2103|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 1201|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 2104|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 3096|Minimum Grade of C|May not be taken concurrently)

RCHT 4211. Recreational Therapy and Physical Disabilities. 3 Credit Hours.
This course provides the student with an opportunity to become familiar with the etiology, characteristics, and complications of various disabling conditions. Common assessment findings and approaches to treatment for each disability will be reviewed, as well as the role of the recreational therapist within the rehabilitation and health promotion process. Issues associated with independent living and the implications for the role and function of recreational therapists within the rehabilitation team are addressed.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:
(HRPR 1001|Minimum Grade of C|May not be taken concurrently
OR HRPR 1101|Minimum Grade of C|May not be taken concurrently
OR RCHT 0813|Minimum Grade of C|May not be taken concurrently
OR RCHT 1201|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 2103|Minimum Grade of C|May not be taken concurrently)
AND (KINS 1223|Minimum Grade of C|May not be taken concurrently
OR KIN1 Y|May not be taken concurrently)
AND (PSY 1061|Minimum Grade of C|May not be taken concurrently
OR PSY 1001|Minimum Grade of C|May not be taken concurrently
OR PSY1 Y|May not be taken concurrently)
AND (RCTH 1102|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 2103|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 2104|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 3096|Minimum Grade of C|May not be taken concurrently)
RCHT 4213. Recreational Therapy and Pediatric Healthcare. 3 Credit Hours.
This course examines the range of organized and structured play and recreation services used by recreation therapists to promote the health, well-being, and social inclusion of children. Using the social model of disability (ICF) as the conceptual framework, students will examine the influence of the physical and social environment (family, peers) on health and well-being, as well as varied therapeutic uses of play and recreation that foster resilience and recovery and promote social development and community inclusion. The course is used to link developmental needs of children with services provided in varied service delivery settings, including hospitals and residential treatment centers, schools, camps, public parks, and recreation departments. The psychosocial needs and experiences of children resulting from trauma, abuse, and varied chronic illnesses and disabling conditions (e.g., cerebral palsy, autism spectrum disorders, conduct disorders, and ADHD) are reviewed.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:
(HRPR 1001|Minimum Grade of C|May not be taken concurrently
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OR RCHT 0813|Minimum Grade of C|May not be taken concurrently
OR HRPR 1201|Minimum Grade of C|May not be taken concurrently
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AND (KINS 1223|Minimum Grade of C|May not be taken concurrently
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AND (PSY 1061|Minimum Grade of C|May not be taken concurrently
OR PSY 1001|Minimum Grade of C|May not be taken concurrently
OR PSY1 Y|May not be taken concurrently)
AND (RCHT 1102|Minimum Grade of C|May not be taken concurrently)
AND (RCHT 2103|Minimum Grade of C|May not be taken concurrently)
AND (RCHT 2104|Minimum Grade of C|May not be taken concurrently)
AND (RCHT 3096|Minimum Grade of C|May not be taken concurrently)
AND (PSY 2301|Minimum Grade of C|May not be taken concurrently
OR PSY3 Y|May not be taken concurrently)
OR EDUC 1322|Minimum Grade of C|May not be taken concurrently)