

Health Related Professions (HRPR)

Courses

HRPR 1001. Public Health: The Way We Live, Work and Play. 3 Credit Hours.

Public Health: The Way We Live, Work and Play is designed to help students think about contemporary health issues from an interdisciplinary perspective. The course includes an introduction to the five core areas of public health - biostatistics, epidemiology, environmental health, health services administration, and social and behavioral sciences - and how these areas relate to various health, health care, and human service professions. Public health helps inform decisions that shape the behavior of individuals and communities. Students will analyze health issues such as health promotion, disease prevention, and health care policy from a variety of perspectives. As part of the course, students will work in small interdisciplinary teams to access and evaluate information about a particular individual or population-level health issue, and learn to argue persuasively, both orally and in writing, for interdisciplinary approaches to that health issue. The focus of the course is to engage students' curiosity about how the discipline of public health and interdisciplinary approaches apply to issues students may confront in their future professional work.

Repeatability: This course may not be repeated for additional credits.

HRPR 1005. Introduction to Mindfulness. 3 Credit Hours.

This 3-credit course is designed for undergraduate students in the College of Public Health. The course will review the history of mindfulness and then move to modern approaches and applications of mindfulness. A personalized mindfulness practice will be explored for relevance to a student's life. The course will focus on the neuro-biological influence of stress, the gut-brain axis, and the epigenetic nature of the human experience. It will explore issues such as conflict, approach versus withdrawing behaviors, and resilience. Students will deepen their understanding of concepts such as compassion fatigue, burnout, cognitive empathy, and vulnerability. The course serves as a springboard for future learning and deeper exploration into specific areas of mindfulness application, at a personal or population level.

Repeatability: This course may not be repeated for additional credits.

HRPR 1101. Contemporary Aspects of Disability. 3 Credit Hours.

An examination of psychological and social issues related to individual and social-cultural perspectives of disability, including social stigma and discrimination, portrayal by media, self-advocacy, family and other social relationship issues that impact the culture of disability and an individual's quality of life. NOTE: This course can be used to satisfy the university Core Individual and Society (IN) requirement. Although it may be usable towards graduation as a major requirement or university elective, it cannot be used to satisfy any of the university GenEd requirements. See your advisor for further information.

Course Attributes: IN

Repeatability: This course may not be repeated for additional credits.

HRPR 2106. An Introduction to Holistic Practices and Integrative Medicine. 3 Credit Hours.

The purpose of this course is to explore the use of Complementary and Alternative Medicine (CAM) and health practices, and integrative medicine within a holistic framework of care. The holistic/integrative approach incorporates traditional (Western Medicine) and CAM practices into the mental, emotional, physical, social, and spiritual dimensions of a person's functioning. The integrative approach uses standard treatments in combination with such adjuncts as nutrition, herbal therapy, and healing touch, among modalities.

Repeatability: This course may not be repeated for additional credits.

HRPR 3001. Emergency Medical Technician. 3 Credit Hours.

The Emergency Medical Technician curriculum will follow the National Registry of Emergency Technician standards in a traditional course setting. This material will be taught in a dynamic classroom environment where hands-on skills are heavily integrated. Students will utilize an assigned textbook and associated interactive supplements to complete readings, assignments, presentations, and non-psychomotor skill labs. Students will complete field clinical hours with an affiliated pre-hospital and hospital facilities. Throughout the course, and through application of skills in the clinical setting, students will be proficient in Basic Life Support (BLS) care. Upon successful completion, the student will be eligible to take the National Registry Examination to become certified as an Emergency Medical Technician.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Health Professions.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

KINS 1223|Minimum Grade of C|May not be taken concurrently
OR CRK102 Y|May not be taken concurrently.

HRPR 3096. Cultural Competency in Health and Healthcare. 3 Credit Hours.

Cultural competence goes beyond language, ethnicity, race and sex. This course will examine those components in the context of cultural traditions, gender issues, aging, and (dis)ability. There is a need for such background knowledge to develop the skills to effectively interact with diverse groups of people to improve the patient experience in healthcare, eliminate cultural and linguistic barriers during clinical encounters, develop sensitivity to gender/age/ability bias, ensure compliance with all care requirements and protocols, and improve the overall quality of care. This interaction includes (but is not limited to) patients, patients' families, and the health care team. This course is reflective of the needs expressed by the National Institutes of Health to best prepare the future public health and healthcare workforce.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Health Professions.

Class Restrictions: Must be enrolled in one of the following Classes: Junior 60 to 89 Credits, Senior 90 to 119 Credits, Senior/Fifth Year 120+ Credits.

Course Attributes: WI

Repeatability: This course may not be repeated for additional credits.

HRPR 4096. Introduction to the Narrative in Patient-Centered Health Care. 3 Credit Hours.

This is a multidisciplinary course that uses a variety of ways to help students understand the human experience in the context of health and illness and explore the linkage between the story and the body. In order to help develop narrative competence, students will learn how a narrative approach to health and disease is different from the conventional biomedical approach. The focus of narrative medicine is on the individual patient, a person with a past, a person with pain, and a person with agency. Students will learn about the ways in which the patient's story and physiology are related, how the story can be used in a clinical setting, and how to improve their ability to interpret narratives. It will provide students with the skills of respecting multiple perspectives. It will help them hear and mediate competing voices (e.g. those of authority, the patient, the patient's family), and it will help them engage in the dynamics of movement between empathy and emotional detachment. The goal for this course is interprofessional, patient-centered, and humanistic; and it is intended to promote compassionate clinical care through valuing the patient's, and the practitioner's, own unique experiences.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Health Professions.

Class Restrictions: Must be enrolled in one of the following Classes: Senior 90 to 119 Credits, Senior/Fifth Year 120+ Credits.

Course Attributes: WI

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

(KINS 3096|Minimum Grade of C|May not be taken concurrently
OR HRPR 3096|Minimum Grade of C|May not be taken concurrently
OR CRK109 Y|May not be taken concurrently)
AND (HRPR 2103|Minimum Grade of C|May not be taken concurrently
OR HPM 2214|Minimum Grade of C|May not be taken concurrently
OR CRHP01 Y|May not be taken concurrently)

HRPR 4282. Independent Study in Health Professions. 1 to 6 Credit Hour.

This course provides an opportunity for independent investigation and analysis of the intellectual, physical, social, psychological, and ethical bases of issues related to health professions.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Health Professions.

Class Restrictions: Must be enrolled in one of the following Classes: Senior 90 to 119 Credits, Senior/Fifth Year 120+ Credits.

Repeatability: This course may be repeated for additional credit.

Pre-requisites:

(KINS 1223|Minimum Grade of C|May not be taken concurrently
OR CRK102 Y|May not be taken concurrently)
AND (KINS 1224|Minimum Grade of C|May not be taken concurrently
OR CRK103 Y|May not be taken concurrently)
AND (HRPR 3096|Minimum Grade of C|May not be taken concurrently)

HRPR 4283. Directed Readings and Study in Health Professions. 1 to 6 Credit Hour.

This course provides an opportunity to participate in a variety of independent experiences (readings and study) in health professions as directed by a faculty mentor.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Health Professions.

Class Restrictions: Must be enrolled in one of the following Classes: Junior 60 to 89 Credits, Senior 90 to 119 Credits, Senior/Fifth Year 120+ Credits.

Repeatability: This course may be repeated for additional credit.