

Art Therapy (ARTT)

Courses

ARTT 2011. Creative Process in Art Therapy. 3 Credit Hours.

This course explores creativity theory and applies concepts from art therapy and related fields and presents a blend of approaches including Eastern traditions, Jungian psychology, and other sources. Studio work and writing are used as tools to understand the creative process in art therapy and cultivate the discipline of self-awareness. Readings, group discussions, and processing of the art-making experiences will be utilized.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

(FDPR 1511|Minimum Grade of C-|May not be taken concurrently
AND FDPR 1521|Minimum Grade of C-|May not be taken concurrently)

ARTT 3004. Introduction to Art Therapy. 3 Credit Hours.

This course is designed to offer students a didactic and experiential overview of the field of art therapy. Material covered will include history, theory, and practice of art therapy processes and approaches as well as a survey of populations, settings, and applications. Lectures, readings, discussion, audiovisual presentations, experiential exercises, and guest presentations comprise the structure of this course.

Repeatability: This course may not be repeated for additional credits.

ARTT 4289. Field Work in Art Therapy. 4 Credit Hours.

The course examines the important role of art making in promoting resilience in individuals, families and communities; explores the role the arts play in addressing issues of inequality and injustice; and building strong and caring communities are examined. BA in Art Therapy majors engage in fieldwork experience as art facilitators with individuals and groups at pre-approved fieldwork sites. Philosophies of therapeutic art making practices and experience with appropriate materials; resources related to art therapy with individuals who have diverse educational, social, emotional, communicative and physical needs are explored. Readings, group discussions, and processing of the art-making experiences will be utilized.

College Restrictions: Must be enrolled in one of the following Colleges: Art Architecture, Tyler School.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

(ARTE 2011|Minimum Grade of C-|May not be taken concurrently
OR CART 2011|Minimum Grade of C-|May not be taken concurrently)
AND (ARTE 3004|Minimum Grade of C-|May not be taken concurrently
OR CART 3004|Minimum Grade of C-|May not be taken concurrently)