

Art Therapy (ARTT)

Course information contained within the Bulletin is accurate at the time of publication in June 2025 but is subject to change. For the most up-to-date course information, please refer to the Course Catalog.

ARTT 2011. Creative Process in Art Therapy. 3 Credit Hours.

This course explores creativity theory and applies concepts from art therapy and related fields and presents a blend of approaches including Eastern traditions, Jungian psychology, and other cross-cultural sources. Art making and reflective writing are used as tools to understand the creative process in art therapy and cultivate the discipline of self-awareness. Readings, seminar-style discussions, and processing of the art-making experiences will be utilized.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C- in (Art requirements: (ARTU 1401 or ART 1503), (ARTU 1201 or ART 1011), and (ARTU 1501 or ART 1012), (FDPR 1511 and FDPR 1521), or Select 2 from the following: VS 1151, VS 1351, and VS 1451) and ARTT 3004.

ARTT 3004. Introduction to Art Therapy. 3 Credit Hours.

This course is designed to offer students a didactic and experiential overview of the field of art therapy. Material covered will include history, theory, and practice of art therapy processes and approaches as well as a survey of populations, settings, and applications. Lectures, readings, seminar-style discussion, audiovisual presentations, experiential exercises, and guest presentations comprise the structure of this course. Students complete Volunteer work in this course. Students must have current FBI Clearance, Child Abuse Clearance, Pennsylvania State Criminal Record Check, and a TB Test to take this course.

Repeatability: This course may not be repeated for additional credits.

ARTT 4082. Independent Study. 1 to 3 Credit Hour.

Self-directed study and research initiated by a student with an independent study contract developed in conjunction with, and supervised by, a faculty member in art therapy.

Class Restrictions: May not be enrolled in one of the following Classes: Freshman 0 to 29 Credits.

Repeatability: This course may be repeated for additional credit.

ARTT 4289. Field Work in Art Therapy. 4 Credit Hours.

The course examines the important role of art making in promoting resilience in individuals, families and communities; explores the role the arts play in addressing issues of inequality and injustice; and building strong and caring communities are examined. BA in Art Therapy majors engage in fieldwork experience as art facilitators with individuals and groups at pre-approved fieldwork sites. Philosophies of therapeutic art making practices and experience with appropriate materials; resources related to art therapy with individuals who have diverse educational, social, emotional, communicative and physical needs are explored. Readings, group discussions, and processing of the art-making experiences will be utilized. Applications for this course are due October 1 for Spring; March 1 for Fall. Students will be registered by the department after applications are vetted. Students must have current FBI Clearance, Child Abuse Clearance, Pennsylvania State Criminal Record Check, and a TB Test to take this course.

College Restrictions: Must be enrolled in one of the following Colleges: Art Architecture, Tyler School.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C in (ARTT 2011 or ARTE 2011) and (ARTT 3004 or ARTE 3004)