

Recreational Therapy (RCTH)

Courses

RCTH 5001. Graduate Research I in Recreational Therapy. 3 Credit Hours.

This online course is designed as a graduate level introduction to research design, methods, and analyses. The course will focus on the fundamentals of health and social research, including: the logic of scientific inquiry, research ethics, developing testable research questions, data collection techniques, and basic data analysis. Students will also examine the diverse methods used in health and social research - including survey research, experimental design, single-subject design, and qualitative research - exploring both strengths and weaknesses of different designs. Students will address a single research question by integrating multi-disciplinary sources in a scholarly paper and by orally presenting the findings.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5009. Entrepreneurship in the Health Professions. 3 Credit Hours.

This course is designed to introduce students to entrepreneurship. The goal of the course is to demonstrate the links between knowledge, experience and skills and commercial possibilities. The course integrates a number of different disciplines, ranging from sociology and psychology to economics, finance, marketing and human resource management. Through assigned readings, class discussions, activities and guest lectures from various professional fields, students will be challenged to apply theoretical principles, concepts and frameworks to real world situations.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5102. Recreational Therapy: Now and Then. 3 Credit Hours.

This course explores the historical roots of disability and the recreational therapy profession, as well as the current trajectory of the disability movement and recreational therapy practice. Concepts, models, approaches, and theories utilized in recreational therapy practice are reviewed, in which students are challenged to explain, apply, compare/contrast, and critique this information as it applies to current challenges, issues, and trends in practice and healthcare. The course additionally reviews and applies professional ethics and standards of practice to current healthcare situations; evaluates and reimagines scenarios for cultural competence and interprofessional collaboration; and hypothesizes potential approaches to current issues and trends for forward momentum of the profession, public health, and client outcomes. Students will review case studies that explore the application of the RT process (Assessment, Planning, Implementation, Evaluation, and Documentation) in different settings.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5201. Managing Dementia Care. 3 Credit Hours.

Utilizing a person-centered and interdisciplinary approach, the course explores the strategies for assisting practitioners, agencies, families and caregivers with balancing the needs and behaviors of the individual with dementia, and the social and physical environments in which the person with dementia is placed. Students will apply fundamental principles for the design and evaluation of activity-based, psychosocial programs for this population. Models for managing problem behaviors while respecting the needs of the client will be explored. This course seeks to emphasize the importance of interdisciplinary support and is therefore, appropriate for students of healthcare disciplines that utilize an activity-based approach. NOTE: Prior courses in lifespan/human development and anatomy are suggested. Undergraduates may enroll with permission of instructor.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5204. Recreational Therapy and Assistive Technology. 3 Credit Hours.

This course provides an in depth review of the use of and opportunities for assistive technology in recreational therapy services in promoting the full inclusion and community participation of persons with disabilities. Emphasis is placed on the AT devices and services that promote functional independence and participation in the community and in physically and socially active recreation and leisure. Students will review the literature on the use of assistive technology and make practice recommendations for therapists working with individuals who may benefit from the use of assistive technology.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5205. Recreational Therapy in Geriatric Services. 3 Credit Hours.

This course provides an in-depth review of the evidence for the use of recreational therapy in geriatric service settings. Emphasis is placed on developing best practices for recreational therapists to assess needs, develop interventions, and evaluate intervention outcomes. Students will (1) read and critique current literature related to RT practice in geriatric service settings; (2) synthesize the research findings and identify key elements that should be disseminated to recreational therapists within geriatric services settings; (3) develop knowledge translation plan; and (4) present findings to peers.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Recreation Therapy.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5211. Recreational Therapy & Physical Rehabilitation. 3 Credit Hours.

This course provides an in-depth review of the evidence for the use of recreational therapy in physical medicine and rehabilitation. Emphasis is placed on developing best practices for recreational therapists to assess needs, develop interventions, and evaluate intervention outcomes. Students will (1) read and critique current literature related to RT practice in physical rehabilitation settings; (2) synthesize the research findings and identify key elements that should be disseminated to recreational therapists within physical rehabilitation settings; (3) develop knowledge translation plan; and (4) present findings to peers.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5212. Play and Development. 3 Credit Hours.

This course explores the theoretical and practical dimensions of play and the dynamic relationship between play and development across the lifespan, with a particular focus on children. The course examines the intersection of gender, race/ethnicity, culture, community, media, and technology with play and development. Topics include play of typically and atypically developing children, assessing play behaviors, designing multipurpose play environments, and current efforts to reinvigorate the culture of play in the development of children. NOTE: Undergraduates may register for this course with permission of the instructor. Also, previous coursework in developmental psychology, child/adolescent psychology, or lifespan/human development is suggested.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5213. Therapeutic Play, Recreation and Children's Health. 3 Credit Hours.

This course examines the range of organized and structured play and recreation services used by recreation therapists to promote health, well-being, and social inclusion of children. The course examines developmental and psychosocial needs resulting from trauma, abuse, chronic illnesses, and other disabling conditions, and the use of play and recreation modalities to promote resiliency, recovery and hope within myriad service settings including hospitals, residential treatment centers, schools, camps, and municipal recreation departments.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Recreation Therapy.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5214. Child Life Interventions. 3 Credit Hours.

This course examines Foundation of Child Life practice, including theories and methods used to reduce stress and increase child/family abilities to cope with illness and hospitalization. The course includes rationale and evidence for interventions related to techniques to prepare children for medical procedures, pain management, coping skills, family-centered care, and bereavement support. Students learn about credentialing requirements for Child Life Specialists, and are required to engage in field-based experiential learning. NOTE: Undergraduates may register for this course with permission of the instructor and must have completed course content in basic psychology and anatomy and physiology.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5250. Special Topics in Recreational Therapy Practicum. 1 to 3 Credit Hour.

Contemporary issues related to new methods and areas of RT practice, including, but not limited to assistive technology, RT in school settings, home health care, and community leisure programs for individuals with disabilities. Course topics will change. This course may be repeated for credit.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Recreation Therapy.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may be repeated for additional credit.

RCTH 5261. Recreational Therapy and Disabilities Seminar I. 3 Credit Hours.

This course examines issues experienced by individuals with mental health conditions and developmental disabilities, as well as how assistive technology can be used to complement treatment services. Students will conduct a historical review of regulatory policies that have influenced the delivery of services, specifically examining issues related to institutionalization, community-based treatment, and inclusion, among others. Students will synthesize existing research and draw implications for recreational therapy practice.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5271. Recreational Therapy and Disabilities Seminar II. 3 Credit Hours.

This course examines issues associated with physical rehabilitation, pediatrics, and age-related disabilities. Students will conduct a historical review of regulatory policies and societal trends that have influenced the delivery of services in these settings. Students will synthesize existing research and draw implications for recreational therapy practice.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5301. Evidence Based Practice in Recreational Therapy I. 3 Credit Hours.

This course will introduce students to evidence based practice in recreational therapy. Students will develop a critical understanding of how evidence is generated, retrieved, and appraised. They will become knowledgeable about the relevance of research findings for clinical decision-making in recreational therapy practice. Presented with a case study, students will develop an evidence-based question, identify and complete an effective search strategy, evaluate and synthesize evidence in order to make clinical recommendations to address the proposed clinical issue.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Recreation Therapy.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5302. Evidence Based Practice in Recreational Therapy II. 3 Credit Hours.

This course will introduce students to the practitioner-researcher role by building upon prior knowledge attained across the Recreational Therapy program. This course supports the use of research knowledge in making practice decisions that improve the delivery of recreational therapy interventions. This course serves as a culminating course where students demonstrate mastery of program goals. Students will develop and present lessons to each other related to evidence-based practice and develop proposals to submit to professional organizations. The course will culminate with a comprehensive exam and the development of evidence-based protocols.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Recreation Therapy.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

(RCTH 5301|Minimum Grade of B-|May not be taken concurrently)

AND (RCTH 5402|Minimum Grade of B-|May not be taken concurrently)

AND (RCTH 5311|Minimum Grade of B-|May not be taken concurrently)

RCTH 5311. Conceptual and Contemporary Issues in Recreational Therapy. 3 Credit Hours.

This course examines conceptual, theoretical, and practical issues associated with the organization and delivery of RT services. It uses a combination of lectures, readings, and oral and written exercises through which students reflect on and develop informed positions on core values and beliefs that support the profession. Students develop a plan of action for ongoing professional development during the academic program and beyond.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5312. Leisure, Health, and Recreational Therapy Interventions. 3 Credit Hours.

The purpose of this course is to explore the dominant concepts and theories related to recreation and leisure behaviors and experiences, and their linkages to health, wellness, and life quality. Current research describing the interrelationships between leisure and health/life quality are examined, including the topics of disability and diversity issues such as culture, gender, race/ethnicity, class, age/lifespan, and sexual orientation. The interlinking triads among theory/conceptualizations, research, and practice are emphasized.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5314. Leisure-time Physical Activity and Community Engagement in Recreational Therapy. 3 Credit Hours.

This course provides an overview of the effects of physical activity and community participation on health among individuals with disabilities. All levels of physical activity (i.e., sedentary - vigorous) will be examined in relation to the impact on cognitive, physical, social, and emotional health. This class has a unique focus on utilizing the community as a resource to increase physical activity. Thus students will have the opportunity to assess barriers and facilitators to community-based physical activities in diverse populations, as well as exploring community specific resources. Particular attention will be given to organizational sponsorship of and different options for community-based activities for individuals with disabilities. Additionally, the class will critique interventions aimed at increasing LTPA for individuals with disabilities. Topics to be covered include: sedentary-vigorous physical activity, metabolic equivalency of leisure time activities, assessment of physical activity, and a critique of population specific intervention considerations.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5315. Social Engagement and Community Participation in Recreational Therapy. 3 Credit Hours.

This recreational therapy course explores the theoretical and practical dimensions of social systems and the dynamic relationship between the individual with disabilities and their community. The course will identify how individuals with disabilities interface with their social environments and the challenges that are experienced in the navigation process. Students will explore aspects of stigma that influence the openness of a community, and consider both the benefits and the challenges of segregation, integration and full inclusion.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5316. Measuring Health and Disability: The ICF Model. 3 Credit Hours.

The International Classification of Functioning, Disability, and Health is a worldwide biopsychosocial model of disability and coding system for the purpose of providing a scientific basis for understanding and studying health, establishing a common language for describing health, and comparing data across countries and disciplines. This course introduces students to the ICF model reviewing the model's development, aims, and application in current healthcare practice, as well as opportunities to expand its application in the pursuit of providing high-quality, transdisciplinary, and integrated research and care in clinical and non-clinical settings.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5382. Independent Study. 1 to 6 Credit Hour.

This supervised project is structured between the student and a faculty mentor. Projects may include developing a research proposal, conducting a field-based investigation, or developing and evaluating a program. Registering for this course requires prior permission from a faculty mentor. A mutually agreeable study contract must be secured before the end of the second week of the semester.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may be repeated for additional credit.

RCTH 5402. Recreational Therapy Administration and Management. 3 Credit Hours.

This course examines program, personnel, fiscal, and facilities management, including professional standards of practice and accreditation standards that guide and regulate organization and delivery of Recreational Therapy services in health care and human services settings. The course may involve applied learning experiences in area agencies.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5442. Program Planning and Practice in Recreational Therapy. 3 Credit Hours.

This course is designed to prepare students for the development of systematically designed recreational therapy service delivery programs. This course examines conceptual models used in the development of evidence-based recreational therapy programs. Students learn the processes for developing comprehensive program and specific program plans that are applied in a manner that provides efficient recreational therapy services to clients receiving services across community and non-community based settings.

Field of Study Restrictions: Must be enrolled in one of the following Fields of study: Recreation Therapy.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5787. Recreational Therapy Practicum. 3 Credit Hours.

Field placement is made with emphasis on acquisition and application of practical skills for students who do not meet eligibility for NCTRC professional level certification examination.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Degree Restrictions: Must be enrolled in one of the following Degrees: Master of Science.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may be repeated for additional credit.