

Recreational Therapy (RCTH)

Course information contained within the Bulletin is accurate at the time of publication in June 2025 but is subject to change. For the most up-to-date course information, please refer to the Course Catalog.

RCTH 0813. Disability Identity in Contemporary Society. 3 Credit Hours.

The purpose of the course is to examine the individual, social, and environmental structures (e.g., family, school, government, community) that help to shape the identity of persons with various types of disability in contemporary society. Concomitantly, the course will explore how the behavior of persons with a disability influences these structures through individual contributions or participation in self-advocacy and activism (e.g., disability rights legislation, technology development, media portrayal). By considering disability identity as a function of continuous (and changing) interactions among various individual, social, and environmental forces, the course will encourage students to question stereotypes, to develop a critical understanding of the factors that influence the experiences of disability, to acknowledge the rich contributions of the disability community, and to identify the mechanisms that empower rather than confine people. This course fulfills the Human Behavior (GB) requirement for students under GenEd and Individual & Society (IN) for students under Core.

Course Attributes: GB, SI

Repeatability: This course may not be repeated for additional credits.

RCTH 1102. Inclusive Recreation and Sports Services. 3 Credit Hours.

This course focuses on the organization and delivery of recreation and sport services to individuals with disabilities. Content includes principles and procedures for promoting inclusive community leisure services. Hands-on learning through volunteer experience is required. NOTE: Required of all students majoring in Recreational Therapy (recommended for other majors involved in human services; in particular, services to persons with disabilities or health limitations).

Repeatability: This course may not be repeated for additional credits.

RCTH 1902. Honors Inclusive Recreation and Sports Services. 3 Credit Hours.

This course focuses on the organization and delivery of recreation and sport services to individuals with disabilities. Content includes principles and procedures for promoting inclusive community recreation services. In addition to class expectations, students must complete 15 professional development hours supporting people with disabilities in recreation/sports events. Opportunities will be posted on Canvas and announced in class. Five hours are required before midpoint and the additional ten are required during the second half of the semester. This course is required of all students majoring in recreational therapy and open for students who are not majoring in recreational therapy. This course may not be repeated for additional credits.

Cohort Restrictions: Must be enrolled in one of the following Cohorts: SCHONORS, UHONORS, UHONORSTR.

Course Attributes: HO

Repeatability: This course may not be repeated for additional credits.

RCTH 2103. Foundations of Recreational Therapy Practice. 3 Credit Hours.

This course is an introduction to the historical and conceptual roots of recreational therapy (RT) and its contemporary status as a profession. Content includes the understanding and application of recreation and leisure to improve health and well-being, introduction to recreational therapy service delivery models and theories, knowledge of where recreational therapy is practiced, RT standards of practice, ethics and professional organizations, fieldwork requirements, and credentialing procedures.

Repeatability: This course may not be repeated for additional credits.

RCTH 2104. Recreational Therapy Modalities. 3 Credit Hours.

In this experiential course, students are exposed to an assortment of activity-based interventions used in recreational therapy practice. Modalities to which students are introduced include but are not limited to animal-assisted therapy, reminiscence, humor, sports, expressive arts, anger management, social skills, and stress management.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C in (HRPR 1001 or 'Y' in CRHR01) and (PSY 1061, PSY 1001, 'Y' in PSY1, or 'Y' in CRPS01)

RCTH 2201. Recreational Therapy and Developmental Disabilities. 3 Credit Hours.

This course allows students to explore the role of recreation in the habilitation, rehabilitation and inclusive community life of individuals with developmental disabilities. Students are introduced to the principles and methods of service delivery based on person-centered planning, transitional life skills, community reintegration and inclusion.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C in (RCTH 1102, THRC 1102, or 'Y' in CRRC01) and (RCTH 3096, THRC 3096, or 'Y' in CRRC02)

RCTH 2203. Assistive Technology in Recreation. 3 Credit Hours.

This course introduces students to the range of assistive devices used by persons with disabilities to support active involvement in preferred recreation and leisure pursuits. The course reviews the physical, cognitive, social and environmental barriers to participation and how AT devices and services can empower participation. Students learn to create and adapt activity materials to accommodate varying functional abilities and how to use assistive devices, including adaptive sports equipment, tools that support daily living, devices for computer access, hearing and vision loss devices and communication strategies. The course is hands-on, and project based. NOTE: Course is open to all majors and is appropriate for those students interested in working with individuals with disabilities.

Repeatability: This course may not be repeated for additional credits.

RCTH 2205. Adventure Challenge/Programming. 3 Credit Hours.

This course will benefit all students interested in developing experiential leadership skills and is open to all majors. The course introduces students to theoretical and practical approaches to using experiential learning and adventure therapy techniques in various professional settings. Students move through a progression of team-building activities and are taught core leadership skills required when facilitating adventure-based activities for persons of all abilities. Instruction will take place at indoor and outdoor facilities, including the Ambler Challenge Course Lab. Upon successful completion of the course, students will receive 20 training hours and 10 facilitation hours that they may use towards advanced training/certification. More details regarding the development and maintenance of a facilitator portfolio will be provided in the course.

Course Attributes: SI

Repeatability: This course may not be repeated for additional credits.

RCTH 3096. Assessment and Documentation in Recreational Therapy. 3 Credit Hours.

In this course, students learn the clinical process used by healthcare professionals when working in health and human service agencies with particular emphasis on assessment and documentation as it relates to the discipline of recreational therapy. Students learn clinical skills related to client intake and assessment, treatment planning, and documentation. NOTE: Special authorization is required for non-majors.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Recreational Therapy, Therapeutic Recreation.

Course Attributes: WI

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C in (RCTH 2103 or THRC 2103)

RCTH 3111. Health Promotion through Leisure Education. 3 Credit Hours.

In this course, students examine the relationship between health promotion and leisure behavior for individuals with disabilities. Students learn to design programs for health promotion and leisure education. The use of technology to develop health promotion teaching materials is required.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C in (RCTH 2103 or THRC 2103) and (RCTH 2104, THRC 2104, or 'Y' in CRRC03)

RCTH 3185. Internship I in Recreational Therapy. 3 Credit Hours.

This course involves a 150-hour field placement experience at a health and/or human service agency in which students are involved with ongoing recreational and therapeutic programs and services. NOTE: Students are required to obtain child abuse and criminal clearance background checks and complete the College of Public Health's health screenings by the deadline date set by the level I internship fieldwork coordinator PRIOR to beginning field placement experience.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Recreational Therapy.

Repeatability: This course may be repeated for additional credit.

Pre-requisites: Minimum grade of C in (HRPR 1001 or 'Y' in CRHR01), HRPR 2103, (KINS 1223, KINS 1221, or 'Y' in CRKI02), (PSY 1001 or 'Y' in CRPS01), (PSY 2201 or 'Y' in CRPS03), and (PSY 2301 or 'Y' in CRPS04)

RCTH 3201. Health, Activity, and Aging. 3 Credit Hours.

This course examines the concept of healthy aging and how to utilize a variety of physical, cognitive, social and emotion-based activities to maintain health throughout the lifetime. Students will also take a deep look at current issues and trends in senior care settings, with an emphasis placed on community-based care and the concept of "aging in place."

Repeatability: This course may not be repeated for additional credits.

RCTH 3202. Recreational Therapy and Mental Health. 3 Credit Hours.

Students examine the role of recreational therapy in behavioral healthcare in this course. Content includes terminology, etiology, and care of individuals with acute and chronic mental illnesses and the importance of recreation as a coping resource and component of life quality. Issues associated with relapse prevention and the role and function of recreational therapists within the healthcare team are discussed.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C in (RCTH 3096, THRC 3096, THRC 3101, or 'Y' in CRRC02)

RCTH 3282. Independent Study. 1 to 3 Credit Hour.

In this course, students undertake supervised independent projects on issues related to health, leisure, and disabilities.

Repeatability: This course may be repeated for additional credit.

RCTH 3801. Physical and Neurological Health Conditions Across the Lifespan. 3 Credit Hours.

This course examines the prevalence, etiology, pathology, prognosis, characteristics, and complications of various physical and neurological health conditions across the lifespan. Common assessment findings and approaches to recreational therapy client-centered evidence-based treatment for each health condition will be reviewed within an application format.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C in RCTH 2103.

RCTH 3802. Developmental Disabilities and Mental Health Conditions Across the Lifespan. 3 Credit Hours.

This 3-credit course allows students to explore the prevalence, etiology, prognosis, characteristics and complications of various developmental disabilities and mental health conditions. In addition, students will analyze the role of habilitation, rehabilitation and inclusive community life of individuals with developmental disabilities and mental health challenges. Students are introduced to the principles and methods of services delivery based on person-centered planning, transitional life skills, and community integration/reintegration, and inclusion. Knowledge and skills acquired will prepare students to deliver recreational therapy to these populations in in-patient and community-based settings.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C in RCTH 2103.

RCTH 4000. Special Topics in Disabilities, Recreation and Leisure. 3 Credit Hours.

The Recreational Therapy Special Topics course is designed for students studying any major and is designed to emphasize current trends and contemporary topics of interest regarding individuals with varying disabilities and their engagement in recreation and leisure. Topics will vary by semester.

Repeatability: This course may be repeated for additional credit.

RCTH 4102. Research and Evaluation in Recreational Therapy. 3 Credit Hours.

This is the capstone course for Recreational Therapy majors. It is designed to enable students to evaluate and interpret research and to apply the results of these interpretations to recreational therapy practice in the form of evidence-based practice. Students learn fundamental research terminology and procedures including the strengths and limitation of both naturalistic and positivistic research methods utilized in field-based settings. Extensive reading and critiquing of empirical research is required for successful completion.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Recreational Therapy, Therapeutic Recreation.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C in RCTH 3185 and (RCTH 3096, THRC 3096, THRC 3101, or 'Y' in CRRC02)

RCTH 4103. Professional Issues in Recreational Therapy. 3 Credit Hours.

This is a seminar course designed to allow students to explore personal and professional issues related to completing their academic experience. Students evaluate their readiness to begin practicing as recreational therapists. Topics include certification, professional ethics, liability and law, finance and fiscal accountability, safety and risk management issues, professional involvement and responsibilities, and client advocacy. Students review and refine their professional portfolios, practice interviewing skills, and discuss issues related to continuing education and growth as a healthcare provider.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C in RCTH 3185.

RCTH 4111. Administration of Recreational Therapy. 3 Credit Hours.

This course provides students in recreational therapy an opportunity to explore the dimensions of managing recreational therapy services within health care and human services agencies. Students will investigate basic theories of management and organizational behavior and relate them to the criteria established by different regulating agencies. The processes of recruitment, hiring, and retention will be addressed with emphasis on interviewing skills and orientation planning. Students will explore issues related to operational management including fiscal concerns and marketing. In addition, consumer management concerns and clinical supervision tasks will be identified and connected to all other aspects of management. Finally, ethics and evaluation processes will be discussed. NOTE: This course is for majors only.

Class Restrictions: Must be enrolled in one of the following Classes: Senior 90 to 119 Credits, Senior/Fifth Year 120+ Credits.

Co-requisites: RCTH 4185.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C in (RCTH 3196 or THRC 3196) and (RCTH 4196 or THRC 4196)

RCTH 4185. Internship II in Recreational Therapy. 1 to 12 Credit Hour.

This course is a 14 consecutive week (minimum), 560-hour field placement where students apply academic learning to demonstrate competencies associated with entry-level practice in recreational therapy. NOTE: Requires current certification in first aid and CPR. Pre-placement health screening, child abuse and criminal clearances are also required prior to the start of the internship experience by the deadline date set by the senior internship coordinator. See the senior internship coordinator for details.

Class Restrictions: Must be enrolled in one of the following Classes: Senior 90 to 119 Credits, Senior/Fifth Year 120+ Credits.

Co-requisites: RCTH 4111.

Repeatability: This course may be repeated for additional credit.

Pre-requisites: Minimum grade of C in RCTH 4196.

RCTH 4196. Recreational Therapy Clinical Procedures. 3 Credit Hours.

This course allows students to further their understanding of clinical practice in recreational therapy through an examination of how recreation therapists use activity-based interventions, the environment, and therapeutic relationships to facilitate individual and group behavioral change. Students design protocols for intervention groups and simulate leadership techniques used by recreational therapists in clinical practice. Field-based application of group planning and leadership is required.

Course Attributes: WI

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C in (RCTH 3096, THRC 3096, or 'Y' in CRRC02)

RCTH 4205. Recreational Therapy in Geriatric Service Settings. 3 Credit Hours.

This course is designed to provide an overview of settings that provide services for the geriatric population. The course examines current techniques and philosophies toward recreational therapy programming for individuals utilizing such services. The students are required to visit, observe, and complete assignments with elders in geriatric service settings throughout the semester. The observation and hands-on experience support student learning and create opportunities to interact with elders. The course examines techniques, issues, and best practices related to conducting innovative and effective programs for elders in a variety of settings, as well as discussing the current trends and obstacles for delivery of services.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C in (RCTH 3096, THRC 3096, THRC 3101, or 'Y' in CRRC02)

RCTH 4211. Recreational Therapy and Physical Disabilities. 3 Credit Hours.

This course provides the student with an opportunity to become familiar with the etiology, characteristics, and complications of various disabling conditions. Common assessment findings and approaches to treatment for each disability will be reviewed, as well as the role of the recreational therapist within the rehabilitation and health promotion process. Issues associated with independent living and the implications for the role and function of recreational therapists within the rehabilitation team are addressed.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C in (RCTH 3096, THRC 3096, THRC 3101, or 'Y' in CRRC02)

RCTH 4213. Therapeutic Play, Recreation and Children's Health. 3 Credit Hours.

This course examines the range of organized and structured play and recreation services used by multidisciplinary professionals to promote the health, holistic well-being, and social inclusion of children. Using the social model of disability (ICF) as the conceptual framework, students will examine the influence of the physical and social environment (family, peers) on health and well-being, as well as varied therapeutic uses of play and recreation that foster resilience and recovery and promote social-emotional development and community inclusion. The course is used to link developmental needs of children with services provided in varied service delivery settings, including hospitals, residential treatment centers, schools, camps, public parks, and recreation departments. The psychosocial needs and experiences of children resulting from trauma, abuse, and varied chronic illnesses and disabling conditions (e.g., cerebral palsy, autism spectrum disorders, conduct disorders, and ADHD) are reviewed. Note: Prior to Spring 2024, the course title was "Recreational Therapy and Pediatric Healthcare."

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of C in (PSY 2301, 'Y' in PSY3, EDUC 1322, or 'Y' in CRPS04)

RCTH 5001. Graduate Research I in Recreational Therapy. 3 Credit Hours.

This course is designed as a graduate level introduction to research design, methods, and analyses. The course will focus on the fundamentals of health and social research, including: the logic of scientific inquiry, research ethics, developing testable research questions, data collection techniques, and basic data analysis. Students will also examine the diverse methods used in health and social research - including survey research, experimental design, single-subject design, and qualitative research - exploring both strengths and weaknesses of different designs. Students will address a single research question by integrating multi-disciplinary sources in a scholarly paper and by orally presenting the findings.

Repeatability: This course may not be repeated for additional credits.

RCTH 5009. Entrepreneurship in the Health Professions. 3 Credit Hours.

This course is designed to introduce students to entrepreneurship. The goal of the course is to demonstrate the links between knowledge, experience and skills and commercial possibilities. The course integrates a number of different disciplines, ranging from sociology and psychology to economics, finance, marketing and human resource management. Through assigned readings, class discussions, activities and guest lectures from various professional fields, students will be challenged to apply theoretical principles, concepts and frameworks to real world situations.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5102. Recreational Therapy: Now and Then. 3 Credit Hours.

This course explores the historical roots of disability and the recreational therapy profession, as well as the current trajectory of the disability movement and recreational therapy practice. Concepts, models, approaches, and theories utilized in recreational therapy practice are reviewed, in which students are challenged to explain, apply, compare/contrast, and critique this information as it applies to current challenges, issues, and trends in practice and healthcare. The course additionally reviews and applies professional ethics and standards of practice to current healthcare situations; evaluates and reimagines scenarios for cultural competence and interprofessional collaboration; and hypothesizes potential approaches to current issues and trends for forward momentum of the profession, public health, and client outcomes. Students will review case studies that explore the application of the RT process (Assessment, Planning, Implementation, Evaluation, and Documentation) in different settings.

Repeatability: This course may not be repeated for additional credits.

RCTH 5204. Recreational Therapy and Assistive Technology. 3 Credit Hours.

This course provides an in depth review of the use of and opportunities for assistive technology in recreational therapy services in promoting the full inclusion and community participation of persons with disabilities. Emphasis is placed on the AT devices and services that promote functional independence and participation in the community and in physically and socially active recreation and leisure. Students will review the literature on the use of assistive technology and make practice recommendations for therapists working with individuals who may benefit from the use of assistive technology.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5205. Recreational Therapy in Geriatric Services. 3 Credit Hours.

This course examines the specifics of recreational therapy treatment in geriatric service settings, including in-patient long-term care, community-based settings and home care. Students will be introduced to common models and theories used in practice, including culture change models, and will develop an understanding of trends in senior care. Students will develop resources to benefit practitioners in these settings and will use current evidence and resources to plan individual, group and programmatic interventions. An emphasis will be placed on understanding the dynamics of formal and informal caregivers. Note: Undergraduates may register for this course with permission of the instructor and must have completed course content in basic psychology and anatomy and physiology.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5212. Play and Pediatric Development. 3 Credit Hours.

This course explores the theoretical and practical dimensions of play and the dynamic relationship that exists between a child's play and ongoing development - from infancy through adolescence. Opportunities are provided to examine elements of play, benefits of play and various play modalities and the contribution to developmental tasks for typically and atypically developing children. Topics to be covered include the intersection of gender, race/ethnicity, disability, culture, community, media, and technology with play and development. Additional topics reviewed include assessing play behaviors, designing multipurpose play environments, selection and safety of play materials and apparatus and current efforts to reinvigorate the culture of play in the development of children.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5214. Child Life Interventions. 3 Credit Hours.

This course examines Foundation of Child Life practice, including theories and methods used to reduce stress and increase child/family abilities to cope with illness and hospitalization. The course includes rationale and evidence for interventions related to techniques to prepare children for medical procedures, pain management, coping skills, family-centered care, and bereavement support. Students learn about credentialing requirements for Child Life Specialists and are encouraged to engage in field-based experiential learning. NOTE: Undergraduates may register for this course with permission of the instructor and must have completed course content in basic psychology and anatomy and physiology.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5250. Special Topics in Recreational Therapy. 1 to 3 Credit Hour.

Contemporary issues related to new methods and areas of RT practice, including, but not limited to assistive technology, RT in school settings, home health care, and community leisure programs for individuals with disabilities. Course topics will change. This course may be repeated for credit.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may be repeated for additional credit.

RCTH 5261. Disability Seminar on Developmental Disabilities and Mental Health Conditions. 3 Credit Hours.

This course examines the prevalence, etiology, pathology, prognosis, characteristics, and complications of various mental health diagnoses and developmental disabilities across the lifespan. Common needs and issues of these health conditions related to recreational therapy's scope of practice in healthcare and human services are reviewed, specifically issues related to institutionalization, community-based services and inclusion, as well as others. Healthcare and human services trends and common evidence-based recreational therapy interventions are reviewed.

Repeatability: This course may not be repeated for additional credits.

RCTH 5271. Disability Seminar on Physical and Neurological Health Conditions. 3 Credit Hours.

This course examines the prevalence, etiology, pathology, prognosis, characteristics, and complications of various physical and neurological health conditions across the lifespan. Common needs and issues of each health condition related to recreational therapy's scope of practice are reviewed, along with personal narratives of people living with the health condition to foster an understanding of the lived experience. Healthcare trends and common evidence-based recreational therapy interventions are reviewed, which students apply to case studies in preparation for clinical practice.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5301. Evidence Based Practice in Recreational Therapy I. 3 Credit Hours.

This course will introduce students to evidence-based practice in recreational therapy (RT). Students will develop a critical understanding of how evidence is generated, retrieved, and appraised. They will become knowledgeable about the relevance of research findings for clinical decision-making in RT practice. Students will develop skills at synthesizing and presenting evidence to support or challenge current RT issues/practices for particular diagnostic groups or interventions.

Repeatability: This course may not be repeated for additional credits.

RCTH 5302. Evidence Based Practice in Recreational Therapy II. 3 Credit Hours.

In this course, students will explore the practitioner-researcher role by building upon prior knowledge attained across the Recreational Therapy program. This course supports the use of research knowledge in making practice decisions that improve the delivery of recreational therapy interventions. It serves as a culminating course through which students demonstrate mastery of program competencies. Course assessments include a comprehensive exam and the development of an evidence-based protocol.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of B- in RCTH 5301 and RCTH 5442.

RCTH 5311. Conceptual and Contemporary Issues in Recreational Therapy. 3 Credit Hours.

This course examines conceptual, theoretical, and practical issues associated with the organization and delivery of RT services. It uses a combination of readings and oral and written exercises through which students reflect on and develop informed positions on core values and beliefs that support the profession.

Repeatability: This course may not be repeated for additional credits.

RCTH 5312. Leisure, Health, and Recreational Therapy Interventions. 3 Credit Hours.

In this course, students will explore the relationship of leisure to health and well-being and delve into the literature on specific recreational therapy modalities, interventions, and facilitation techniques. A focus on evidence-based practice will be applied by identifying therapy ingredients in the literature that promote change, using thoughtful clinical decision-making in the absence of evidence, and adapting or modifying based on client needs. Students will conduct an activity and task analysis, identify modalities to meet specific population needs, and increase awareness of modality resources.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5314. Leisure-time Physical Activity and Community Engagement in Recreational Therapy. 3 Credit Hours.

This course provides an overview of the effects of physical activity and community participation on health among individuals with disabilities. All levels of physical activity (i.e., sedentary - vigorous) will be examined in relation to the impact on cognitive, physical, social, and emotional health. This class has a unique focus on utilizing the community as a resource to increase physical activity. Thus students will have the opportunity to assess barriers and facilitators to community-based physical activities in diverse populations, as well as exploring community specific resources. Particular attention will be given to organizational sponsorship of and different options for community-based activities for individuals with disabilities. Additionally, the class will critique interventions aimed at increasing LTPA for individuals with disabilities. Topics to be covered include: sedentary-vigorous physical activity, metabolic equivalency of leisure time activities, assessment of physical activity, and a critique of population specific intervention considerations.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5315. Social Engagement and Community Participation in Recreational Therapy. 3 Credit Hours.

This recreational therapy course explores the theoretical and practical dimensions of social systems and the dynamic relationship between the individual with disabilities and their community. The course will identify how individuals with disabilities interface with their social environments and the challenges that are experienced in the navigation process. Students will explore aspects of stigma that influence the openness of a community, and consider both the benefits and the challenges of segregation, integration and full inclusion.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5316. Measuring Health and Disability: The ICF Model. 3 Credit Hours.

The International Classification of Functioning, Disability, and Health is a worldwide biopsychosocial model of disability and coding system for the purpose of providing a scientific basis for understanding and studying health, establishing a common language for describing health, and comparing data across countries and disciplines. This course introduces students to the ICF model reviewing the model's development, aims, and application in current healthcare practice, as well as opportunities to expand its application in the pursuit of providing high-quality, transdisciplinary, and integrated research and care in clinical and non-clinical settings.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5382. Independent Study. 1 to 6 Credit Hour.

This supervised project is structured between the student and a faculty mentor. Projects may include developing a research proposal, conducting a field-based investigation, or developing and evaluating a program. Registering for this course requires prior permission from a faculty mentor. A mutually agreeable study contract must be secured before the end of the second week of the semester.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may be repeated for additional credit.

RCTH 5402. Recreational Therapy Administration and Management. 3 Credit Hours.

This course examines program, personnel, fiscal, and facilities management, including professional standards of practice and accreditation standards that guide and regulate organization and delivery of Recreational Therapy services in health care and human services settings.

Repeatability: This course may not be repeated for additional credits.

RCTH 5442. Program Planning and Practice in Recreational Therapy. 3 Credit Hours.

This course prepares students to design and evaluate evidence-based recreational therapy comprehensive and specific program plans following a systematic process. This includes exploration of agency characteristics and population needs; identification of evidence-based interventions to meet the population's needs; development of a specific program and sequential program plan for the evidence-based intervention; implementation planning; program evaluation; and reflective practice.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites: Minimum grade of B- in RCTH 5312.

RCTH 5787. Recreational Therapy Practicum. 1 to 3 Credit Hour.

Field placement is made with emphasis on acquisition and application of practical skills for students who do not meet eligibility for NCTRC professional level certification examination.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Degree Restrictions: Must be enrolled in one of the following Degrees: Master of Science.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.