

Recreational Therapy (RCTH)

Courses

RCTH 0813. Disability Identity in Contemporary Society. 3 Credit Hours.

The purpose of this course is to provide students with opportunities designed to enhance their awareness of issues surrounding disability, including examining personal, societal, and global attitudes toward individuals with disabilities; enhancing knowledge of accessibility, and considering how to value disability through a community and cultural lens as to create a fully inclusive world. Students examine how disability is socially and culturally defined, and how disability affects aspects of personal identity, like gender, race, and culture. Historical perspectives of disability marked by fear and discrimination and fueled by media portrayals are considered as well as recent trends in personal, social, and environmental changes that result in a more inclusive, tolerant, and accommodating environment. Students cannot receive credit for this course if they have successfully completed THRC 0813 or GUS 0813.

Course Attributes: GB

Repeatability: This course may not be repeated for additional credits.

RCTH 1102. Inclusive Recreation and Sports Services. 3 Credit Hours.

This course focuses on the organization and delivery of recreation and sport services to individuals with disabilities. Content includes principles and procedures for promoting inclusive community leisure services. Hands-on learning through volunteer experience is required. NOTE: Required of all students majoring in Recreational Therapy (recommended for other majors involved in human services; in particular, services to persons with disabilities or health limitations).

Repeatability: This course may not be repeated for additional credits.

RCTH 2103. Foundations of Recreational Therapy Practice. 3 Credit Hours.

An introduction to the historical and conceptual roots of recreational therapy and its contemporary status as a profession is gained in this course. Content includes social-psychological aspects of recreation and leisure, recreational therapy service delivery models, legislation, professional organizations, and credentialing procedures.

Repeatability: This course may not be repeated for additional credits.

RCTH 2104. Recreational Therapy Modalities. 3 Credit Hours.

In this experiential course, students are exposed to an assortment of activity-based interventions used in recreational therapy practice. Modalities to which students are introduced include but are not limited to animal-assisted therapy, reminiscence, humor, sports, expressive arts, anger management, social skills, and stress management.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

(HRPR 1001|Minimum Grade of C|May not be taken concurrently
OR CRHR01 Y|May not be taken concurrently)
AND (SBS 2103|Minimum Grade of C|May not be taken concurrently
OR CRSB05 Y|May not be taken concurrently)
AND (PSY 1061|Minimum Grade of C|May not be taken concurrently
OR PSY 1001|Minimum Grade of C|May not be taken concurrently
OR PSY1 Y|May not be taken concurrently
OR CRPS01 Y|May not be taken concurrently)

RCTH 2201. Recreational Therapy and Developmental Disabilities. 3 Credit Hours.

This course allows students to explore the role of recreation in the habilitation, rehabilitation and inclusive community life of individuals with developmental disabilities. Students are introduced to the principles and methods of service delivery based on person-centered planning, transitional life skills, community reintegration and inclusion.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

(RCTH 1102|Minimum Grade of C|May not be taken concurrently
OR THRC 1102|Minimum Grade of C|May not be taken concurrently
OR CRRC01 Y|May not be taken concurrently)
AND (RCTH 3096|Minimum Grade of C|May not be taken concurrently
OR THRC 3096|Minimum Grade of C|May not be taken concurrently
OR CRRC02 Y|May not be taken concurrently)

RCTH 2203. Assistive Technology in Recreation. 3 Credit Hours.

This course introduces students to the range of assistive devices used with persons with disabilities to support physically and socially active involvement in recreation and leisure pursuits. Students learn to adapt activity materials to accommodate varying functional abilities and how to use assistive devices, ranging from simple adaptive sports equipment to augmentative communication devices, with individuals with disabilities. NOTE: Course is open to all majors and is appropriate for those students interested in working with individuals with disabilities.

Repeatability: This course may not be repeated for additional credits.

RCTH 2205. Adventure Challenge/Programming. 3 Credit Hours.

This course introduces students to theoretical and practical approaches to using experiential learning and adventure therapy. Students experience team-building activities and are taught core leadership skills required when leading adventure challenge activities, as well as approaches and techniques for use of these activities with clients with disabilities. NOTE: The course is open to all majors and is appropriate for those interested in team-building activities. Upon successful completion of low rope and challenge activities, students receive a certificate indicating they have been trained to lead low ropes and team challenge activities.

Repeatability: This course may not be repeated for additional credits.

RCTH 3096. Assessment and Documentation in Recreational Therapy. 3 Credit Hours.

In this course, students learn the clinical process used by healthcare professionals when working in health and human service agencies with particular emphasis on assessment and documentation as it relates to the discipline of recreational therapy. Students learn clinical skills related to client intake and assessment, treatment planning, and documentation. NOTE: Special authorization is required for non-majors.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Recreational Therapy, Therapeutic Recreation.

Course Attributes: WI

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

(KINS 1223|Minimum Grade of C|May not be taken concurrently
OR KIN1 Y|May not be taken concurrently
OR CRKI02 Y|May not be taken concurrently)
AND (RCTH 2103|Minimum Grade of C|May not be taken concurrently
OR THRC 2103|Minimum Grade of C|May not be taken concurrently)

RCTH 3111. Health Promotion through Leisure Education. 3 Credit Hours.

In this course, students examine the relationship between health promotion and leisure behavior for individuals with disabilities. Students learn to design programs for health promotion and leisure education. The use of technology to develop health promotion teaching materials is required.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

(RCTH 2103|Minimum Grade of C|May not be taken concurrently
OR THRC 2103|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 2104|Minimum Grade of C|May not be taken concurrently
OR THRC 2104|Minimum Grade of C|May not be taken concurrently)

RCTH 3185. Internship I in Recreational Therapy. 3 Credit Hours.

This course involves a 150-hour field placement experience at a health and human service agency in which students are involved with ongoing recreational therapy programs and services. NOTE: Students are required to obtain child abuse and criminal clearance background checks and complete the College of Health Professions Health Screening by the deadline date set by the junior internship coordinator PRIOR to beginning field placement experience.

Repeatability: This course may be repeated for additional credit.

RCTH 3201. Health, Activity, and Aging. 3 Credit Hours.

This course will examine the concept of "well aging" with a focus on the contribution of a socially and physically active leisure lifestyle to the wellness of elders living in retirement and assisted living communities. NOTE: Appropriate for individuals with interests in psychology, public health and sociology.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Recreational Therapy, Therapeutic Recreation.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

PSY 1061|Minimum Grade of C|May not be taken concurrently
 OR PSY 1001|Minimum Grade of C|May not be taken concurrently
 OR PSY1 Y|May not be taken concurrently
 OR CRPS01 Y|May not be taken concurrently.

RCTH 3202. Recreational Therapy and Mental Health. 3 Credit Hours.

Students examine the role of recreational therapy in behavioral healthcare in this course. Content includes terminology, etiology, and care of individuals with acute and chronic mental illnesses and the importance of recreation as a coping resource and component of life quality. Issues associated with relapse prevention and the role and function of recreational therapists within the healthcare team are discussed.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

RCTH 3096|Minimum Grade of C|May not be taken concurrently
 OR THRC 3096|Minimum Grade of C|May not be taken concurrently
 OR THRC 3101|Minimum Grade of C|May not be taken concurrently
 OR CRRC02 Y|May not be taken concurrently.

RCTH 3282. Independent Study. 1 to 3 Credit Hour.

In this course, students undertake supervised independent projects on issues related to health, leisure, and disabilities.

Repeatability: This course may be repeated for additional credit.

RCTH 3801. Physical and Neurological Health Conditions Across the Lifespan. 3 Credit Hours.

This course examines the prevalence, etiology, pathology, prognosis, characteristics, and complications of various physical and neurological health conditions across the lifespan. Common assessment findings and approaches to recreational therapy client-centered evidence-based treatment for each health condition will be reviewed within an application format.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

RCTH 2103|Minimum Grade of C|May not be taken concurrently.

RCTH 3802. Developmental Disabilities and Mental Health Conditions Across the Lifespan. 3 Credit Hours.

This 3-credit course allows students to explore the prevalence, etiology, prognosis, characteristics and complications of various developmental disabilities and mental health conditions. In addition, students will analyze the role of habilitation, rehabilitation and inclusive community life of individuals with developmental disabilities and mental health challenges. Students are introduced to the principles and methods of services delivery based on person-centered planning, transitional life skills, and community integration/reintegration, and inclusion. Knowledge and skills acquired will prepare students to deliver recreational therapy to these populations in in-patient and community-based settings.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

RCTH 2103|Minimum Grade of C|May not be taken concurrently.

RCTH 4102. Research and Evaluation in Recreational Therapy. 3 Credit Hours.

This is the capstone course for Recreational Therapy majors. It is designed to enable students to evaluate and interpret research and to apply the results of these interpretations to recreational therapy practice in the form of evidence-based practice. Students learn fundamental research terminology and procedures including the strengths and limitation of both naturalistic and positivistic research methods utilized in field-based settings. Extensive reading and critiquing of empirical research is required for successful completion.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Recreational Therapy, Therapeutic Recreation.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

(RCTH 3185|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 3096|Minimum Grade of C|May not be taken concurrently)
OR THRC 3096|Minimum Grade of C|May not be taken concurrently
OR THRC 3101|Minimum Grade of C|May not be taken concurrently
OR CRR02 Y|May not be taken concurrently)

RCTH 4103. Professional Issues in Recreational Therapy. 3 Credit Hours.

This is a seminar course designed to allow students to explore personal and professional issues related to completing their academic experience. Students evaluate their readiness to begin practicing as recreational therapists. Topics include certification, professional ethics, liability and law, finance and fiscal accountability, safety and risk management issues, professional involvement and responsibilities, and client advocacy. Students review and refine their professional portfolios, practice interviewing skills, and discuss issues related to continuing education and growth as a healthcare provider.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

RCTH 3185|Minimum Grade of C|May not be taken concurrently.

RCTH 4111. Administration of Recreational Therapy. 3 Credit Hours.

This course explores the management of recreational therapy services based on professional standards of practice. Reflecting the range of healthcare and human services agencies where recreational therapy is practiced, topics include administrative theory and decision-making, budgeting and reimbursement, risk management, marketing, personnel and volunteer policies and procedures, and quality improvement. The use of technology as part of the management process is also discussed, including the use of spreadsheets and other data management programs. NOTE: This course is for majors only.

Class Restrictions: Must be enrolled in one of the following Classes: Senior 90 to 119 Credits, Senior/Fifth Year 120+ Credits.

Co-requisites: RCTH 4185.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

(RCTH 3196|Minimum Grade of C|May not be taken concurrently)
OR THRC 3196|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 4196|Minimum Grade of C|May not be taken concurrently)
OR THRC 4196|Minimum Grade of C|May not be taken concurrently)

RCTH 4185. Internship II in Recreational Therapy. 12 Credit Hours.

This course is a semester-long, 600-hour field placement where students apply academic learning to demonstrate competencies associated with entry-level practice in recreational therapy. NOTE: Requires current certification in first aid and CPR. Pre-placement health screening, child abuse and criminal clearances are also required prior to the start of the internship experience by the deadline date set by the senior internship coordinator. See the senior internship coordinator for details.

Class Restrictions: Must be enrolled in one of the following Classes: Senior 90 to 119 Credits, Senior/Fifth Year 120+ Credits.

Co-requisites: RCTH 4111.

Repeatability: This course may be repeated for additional credit.

Pre-requisites:

(RCTH 3196|Minimum Grade of C|May not be taken concurrently)
OR THRC 3196|Minimum Grade of C|May not be taken concurrently)
AND (RCTH 4196|Minimum Grade of C|May not be taken concurrently)
OR THRC 4196|Minimum Grade of C|May not be taken concurrently)

RCTH 4196. Recreational Therapy Clinical Procedures. 3 Credit Hours.

This course allows students to further their understanding of clinical practice in recreational therapy through an examination of how recreation therapists use activity-based interventions, the environment, and therapeutic relationships to facilitate individual and group behavioral change. Students design protocols for intervention groups and simulate leadership techniques used by recreational therapists in clinical practice. Field-based application of group planning and leadership is required.

Course Attributes: WI

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

RCTH 3096|Minimum Grade of C|May not be taken concurrently
OR THRC 3096|Minimum Grade of C|May not be taken concurrently
OR CRRC02 Y|May not be taken concurrently.

RCTH 4205. Recreational Therapy in Geriatric Service Settings. 3 Credit Hours.

This course is designed to provide an overview of settings that provide services for the geriatric population. The course examines current techniques and philosophies toward recreational therapy programming for individuals utilizing such services. The students are required to visit, observe, and complete assignments with elders in geriatric service settings throughout the semester. The observation and hands-on experience support student learning and create opportunities to interact with elders. The course examines techniques, issues, and best practices related to conducting innovative and effective programs for elders in a variety of settings, as well as discussing the current trends and obstacles for delivery of services.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

RCTH 3096|Minimum Grade of C|May not be taken concurrently
OR THRC 3096|Minimum Grade of C|May not be taken concurrently
OR THRC 3101|Minimum Grade of C|May not be taken concurrently
OR CRRC02 Y|May not be taken concurrently.

RCTH 4211. Recreational Therapy and Physical Disabilities. 3 Credit Hours.

This course provides the student with an opportunity to become familiar with the etiology, characteristics, and complications of various disabling conditions. Common assessment findings and approaches to treatment for each disability will be reviewed, as well as the role of the recreational therapist within the rehabilitation and health promotion process. Issues associated with independent living and the implications for the role and function of recreational therapists within the rehabilitation team are addressed.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

RCTH 3096|Minimum Grade of C|May not be taken concurrently
OR THRC 3096|Minimum Grade of C|May not be taken concurrently
OR THRC 3101|Minimum Grade of C|May not be taken concurrently
OR CRRC02 Y|May not be taken concurrently.

RCTH 4213. Recreational Therapy and Pediatric Healthcare. 3 Credit Hours.

This course examines the range of organized and structured play and recreation services used by recreation therapists to promote the health, well-being, and social inclusion of children. Using the social model of disability (ICF) as the conceptual framework, students will examine the influence of the physical and social environment (family, peers) on health and well-being, as well as varied therapeutic uses of play and recreation that foster resilience and recovery and promote social development and community inclusion. The course is used to link developmental needs of children with services provided in varied service delivery settings, including hospitals and residential treatment centers, schools, camps, public parks, and recreation departments. The psychosocial needs and experiences of children resulting from trauma, abuse, and varied chronic illnesses and disabling conditions (e.g., cerebral palsy, autism spectrum disorders, conduct disorders, and ADHD) are reviewed.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

(RCTH 3096|Minimum Grade of C|May not be taken concurrently
OR THRC 3096|Minimum Grade of C|May not be taken concurrently
OR THRC 3101|Minimum Grade of C|May not be taken concurrently
OR CRRC02 Y|May not be taken concurrently)
AND (PSY 2301|Minimum Grade of C|May not be taken concurrently
OR PSY3 Y|May not be taken concurrently
OR EDUC 1322|Minimum Grade of C|May not be taken concurrently
OR CRPS04 Y|May not be taken concurrently)

RCTH 5001. Graduate Research I in Recreational Therapy. 3 Credit Hours.

This online course is designed as a graduate level introduction to research design, methods, and analyses. The course will focus on the fundamentals of health and social research, including: the logic of scientific inquiry, research ethics, developing testable research questions, data collection techniques, and basic data analysis. Students will also examine the diverse methods used in health and social research - including survey research, experimental design, single-subject design, and qualitative research - exploring both strengths and weaknesses of different designs. Students will address a single research question by integrating multi-disciplinary sources in a scholarly paper and by orally presenting the findings.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5009. Entrepreneurship in the Health Professions. 3 Credit Hours.

This course is designed to introduce students to entrepreneurship. The goal of the course is to demonstrate the links between knowledge, experience and skills and commercial possibilities. The course integrates a number of different disciplines, ranging from sociology and psychology to economics, finance, marketing and human resource management. Through assigned readings, class discussions, activities and guest lectures from various professional fields, students will be challenged to apply theoretical principles, concepts and frameworks to real world situations.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5102. Recreational Therapy: Now and Then. 3 Credit Hours.

This course explores the historical roots of disability and the recreational therapy profession, as well as the current trajectory of the disability movement and recreational therapy practice. Concepts, models, approaches, and theories utilized in recreational therapy practice are reviewed, in which students are challenged to explain, apply, compare/contrast, and critique this information as it applies to current challenges, issues, and trends in practice and healthcare. The course additionally reviews and applies professional ethics and standards of practice to current healthcare situations; evaluates and reimagines scenarios for cultural competence and interprofessional collaboration; and hypothesizes potential approaches to current issues and trends for forward momentum of the profession, public health, and client outcomes. Students will review case studies that explore the application of the RT process (Assessment, Planning, Implementation, Evaluation, and Documentation) in different settings.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5201. Managing Dementia Care. 3 Credit Hours.

Utilizing a person-centered and interdisciplinary approach, the course explores the strategies for assisting practitioners, agencies, families and caregivers with balancing the needs and behaviors of the individual with dementia, and the social and physical environments in which the person with dementia is placed. Students will apply fundamental principles for the design and evaluation of activity-based, psychosocial programs for this population. Models for managing problem behaviors while respecting the needs of the client will be explored. This course seeks to emphasize the importance of interdisciplinary support and is therefore, appropriate for students of healthcare disciplines that utilize an activity-based approach. NOTE: Prior courses in lifespan/human development and anatomy are suggested. Undergraduates may enroll with permission of instructor.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5204. Recreational Therapy and Assistive Technology. 3 Credit Hours.

This course provides an in depth review of the use of and opportunities for assistive technology in recreational therapy services in promoting the full inclusion and community participation of persons with disabilities. Emphasis is placed on the AT devices and services that promote functional independence and participation in the community and in physically and socially active recreation and leisure. Students will review the literature on the use of assistive technology and make practice recommendations for therapists working with individuals who may benefit from the use of assistive technology.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5205. Recreational Therapy in Geriatric Services. 3 Credit Hours.

This course provides an in-depth review of the evidence for the use of recreational therapy in geriatric service settings. Emphasis is placed on developing best practices for recreational therapists to assess needs, develop interventions, and evaluate intervention outcomes. Students will (1) read and critique current literature related to RT practice in geriatric service settings; (2) synthesize the research findings and identify key elements that should be disseminated to recreational therapists within geriatric services settings; (3) develop knowledge translation plan; and (4) present findings to peers.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Recreation Therapy.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5211. Recreational Therapy & Physical Rehabilitation. 3 Credit Hours.

This course provides an in-depth review of the evidence for the use of recreational therapy in physical medicine and rehabilitation. Emphasis is placed on developing best practices for recreational therapists to assess needs, develop interventions, and evaluate intervention outcomes. Students will (1) read and critique current literature related to RT practice in physical rehabilitation settings; (2) synthesize the research findings and identify key elements that should be disseminated to recreational therapists within physical rehabilitation settings; (3) develop knowledge translation plan; and (4) present findings to peers.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5212. Play and Pediatric Development. 3 Credit Hours.

This course explores the theoretical and practical dimensions of play and the dynamic relationship that exists between a child's play and ongoing development - from infancy through adolescence. Opportunities are provided to examine elements of play, benefits of play and various play modalities and the contribution to developmental tasks for typically and atypically developing children. Topics to be covered include the intersection of gender, race/ethnicity, disability, culture, community, media, and technology with play and development. Additional topics reviewed include assessing play behaviors, designing multipurpose play environments, selection and safety of play materials and apparatus and current efforts to reinvigorate the culture of play in the development of children.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5213. Therapeutic Play, Recreation and Children's Health. 3 Credit Hours.

This course examines the range of organized and structured play and recreation services used by recreation therapists to promote health, well-being, and social inclusion of children. The course examines developmental and psychosocial needs resulting from trauma, abuse, chronic illnesses, and other disabling conditions, and the use of play and recreation modalities to promote resiliency, recovery and hope within myriad service settings including hospitals, residential treatment centers, schools, camps, and municipal recreation departments.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Recreation Therapy.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5214. Child Life Interventions. 3 Credit Hours.

This course examines Foundation of Child Life practice, including theories and methods used to reduce stress and increase child/family abilities to cope with illness and hospitalization. The course includes rationale and evidence for interventions related to techniques to prepare children for medical procedures, pain management, coping skills, family-centered care, and bereavement support. Students learn about credentialing requirements for Child Life Specialists, and are required to engage in field-based experiential learning. NOTE: Undergraduates may register for this course with permission of the instructor and must have completed course content in basic psychology and anatomy and physiology.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5250. Special Topics in Recreational Therapy. 1 to 3 Credit Hour.

Contemporary issues related to new methods and areas of RT practice, including, but not limited to assistive technology, RT in school settings, home health care, and community leisure programs for individuals with disabilities. Course topics will change. This course may be repeated for credit.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Recreation Therapy.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may be repeated for additional credit.

RCTH 5261. Recreational Therapy and Disabilities Seminar I. 3 Credit Hours.

This course examines issues experienced by individuals with mental health conditions and developmental disabilities, as well as how assistive technology can be used to complement treatment services. Students will conduct a historical review of regulatory policies that have influenced the delivery of services, specifically examining issues related to institutionalization, community-based treatment, and inclusion, among others. Students will synthesize existing research and draw implications for recreational therapy practice.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5271. Recreational Therapy and Disabilities Seminar II. 3 Credit Hours.

This course examines issues associated with physical rehabilitation, pediatrics, and age-related disabilities. Students will conduct a historical review of regulatory policies and societal trends that have influenced the delivery of services in these settings. Students will synthesize existing research and draw implications for recreational therapy practice.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5301. Evidence Based Practice in Recreational Therapy I. 3 Credit Hours.

This course will introduce students to evidence based practice in recreational therapy. Students will develop a critical understanding of how evidence is generated, retrieved, and appraised. They will become knowledgeable about the relevance of research findings for clinical decision-making in recreational therapy practice. Presented with a case study, students will develop an evidence-based question, identify and complete an effective search strategy, evaluate and synthesize evidence in order to make clinical recommendations to address the proposed clinical issue.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5302. Evidence Based Practice in Recreational Therapy II. 3 Credit Hours.

This course will introduce students to the practitioner-researcher role by building upon prior knowledge attained across the Recreational Therapy program. This course supports the use of research knowledge in making practice decisions that improve the delivery of recreational therapy interventions. This course serves as a culminating course where students demonstrate mastery of program goals. Students will develop and present lessons to each other related to evidence-based practice and develop proposals to submit to professional organizations. The course will culminate with a comprehensive exam and the development of evidence-based protocols.

Field of Study Restrictions: Must be enrolled in one of the following Majors: Recreation Therapy.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

Pre-requisites:

(RCTH 5301|Minimum Grade of B-|May not be taken concurrently)

AND (RCTH 5402|Minimum Grade of B-|May not be taken concurrently)

AND (RCTH 5311|Minimum Grade of B-|May not be taken concurrently)

RCTH 5311. Conceptual and Contemporary Issues in Recreational Therapy. 3 Credit Hours.

This course examines conceptual, theoretical, and practical issues associated with the organization and delivery of RT services. It uses a combination of lectures, readings, and oral and written exercises through which students reflect on and develop informed positions on core values and beliefs that support the profession. Students develop a plan of action for ongoing professional development during the academic program and beyond.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5312. Leisure, Health, and Recreational Therapy Interventions. 3 Credit Hours.

The purpose of this course is to explore the dominant concepts and theories related to recreation and leisure behaviors and experiences, and their linkages to health, wellness, and life quality. Current research describing the interrelationships between leisure and health/life quality are examined, including the topics of disability and diversity issues such as culture, gender, race/ethnicity, class, age/lifespan, and sexual orientation. The interlinking triads among theory/conceptualizations, research, and practice are emphasized.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5314. Leisure-time Physical Activity and Community Engagement in Recreational Therapy. 3 Credit Hours.

This course provides an overview of the effects of physical activity and community participation on health among individuals with disabilities. All levels of physical activity (i.e., sedentary - vigorous) will be examined in relation to the impact on cognitive, physical, social, and emotional health. This class has a unique focus on utilizing the community as a resource to increase physical activity. Thus students will have the opportunity to assess barriers and facilitators to community-based physical activities in diverse populations, as well as exploring community specific resources. Particular attention will be given to organizational sponsorship of and different options for community-based activities for individuals with disabilities. Additionally, the class will critique interventions aimed at increasing LTPA for individuals with disabilities. Topics to be covered include: sedentary-vigorous physical activity, metabolic equivalency of leisure time activities, assessment of physical activity, and a critique of population specific intervention considerations.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5315. Social Engagement and Community Participation in Recreational Therapy. 3 Credit Hours.

This recreational therapy course explores the theoretical and practical dimensions of social systems and the dynamic relationship between the individual with disabilities and their community. The course will identify how individuals with disabilities interface with their social environments and the challenges that are experienced in the navigation process. Students will explore aspects of stigma that influence the openness of a community, and consider both the benefits and the challenges of segregation, integration and full inclusion.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5316. Measuring Health and Disability: The ICF Model. 3 Credit Hours.

The International Classification of Functioning, Disability, and Health is a worldwide biopsychosocial model of disability and coding system for the purpose of providing a scientific basis for understanding and studying health, establishing a common language for describing health, and comparing data across countries and disciplines. This course introduces students to the ICF model reviewing the model's development, aims, and application in current healthcare practice, as well as opportunities to expand its application in the pursuit of providing high-quality, transdisciplinary, and integrated research and care in clinical and non-clinical settings.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5382. Independent Study. 1 to 6 Credit Hour.

This supervised project is structured between the student and a faculty mentor. Projects may include developing a research proposal, conducting a field-based investigation, or developing and evaluating a program. Registering for this course requires prior permission from a faculty mentor. A mutually agreeable study contract must be secured before the end of the second week of the semester.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may be repeated for additional credit.

RCTH 5402. Recreational Therapy Administration and Management. 3 Credit Hours.

This course examines program, personnel, fiscal, and facilities management, including professional standards of practice and accreditation standards that guide and regulate organization and delivery of Recreational Therapy services in health care and human services settings. The course may involve applied learning experiences in area agencies.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may not be repeated for additional credits.

RCTH 5442. Program Planning and Practice in Recreational Therapy. 3 Credit Hours.

This course is designed to prepare students for the development of systematically designed recreational therapy service delivery programs. This course examines conceptual models used in the development of evidence-based recreational therapy programs. Students learn the processes for developing comprehensive program and specific program plans that are applied in a manner that provides efficient recreational therapy services to clients receiving services across community and non-community based settings.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

RCTH 5787. Recreational Therapy Practicum. 3 Credit Hours.

Field placement is made with emphasis on acquisition and application of practical skills for students who do not meet eligibility for NCTRC professional level certification examination.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Degree Restrictions: Must be enrolled in one of the following Degrees: Master of Science.

College Restrictions: Must be enrolled in one of the following Colleges: College of Public Health.

Repeatability: This course may be repeated for additional credit.