Counseling Psychology (CPSY)

Courses

CPSY 3571. Introduction to Counseling Psychology. 3 Credit Hours.
A lecture course providing an overview of the field of counseling psychology as well as the role and function of the counselor in community and educational settings. Basic theories and principles of the counseling process, skills career, assessment, and group counseling approaches (couples, families, addictions and others) are covered.

Repeatability: This course may not be repeated for additional credits.

CPSY 3572. Interviewing Techniques. 3 Credit Hours.
The theory and techniques of interviewing, especially as they apply to problems of educational, vocational, and social counseling, rehabilitation, and employment. Course includes learning skills and applying techniques in various work settings.

Repeatability: This course may not be repeated for additional credits.

CPSY 5492. Theories of Counseling Psychology. 3 Credit Hours.
This course explores the function and essential elements of counseling theories and examines the student's philosophical beliefs as they apply to counseling.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 5511. Counseling in the Schools. 3 Credit Hours.
First course for those concentrating in school counseling. The nature, techniques, and problems of school counseling are explored.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 5519. Group Counseling. 3 Credit Hours.
An exploration of the functions of group counseling in meeting client/student needs. Emphasis on theory and principles of group process and on the development of group skills by participation in an experiential group counseling situation. Attention to the practice of effective group leadership skills.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 5526. Multicultural Counseling. 3 Credit Hours.
Survey course exploring racism, sexism, ageism, and the cultural conditions that affect development of counseling relationships. Small group activities used to help students explore prejudices and attitudes towards culturally different groups.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 5565. Professional Issues in Diverse School Settings. 3 Credit Hours.
Survey course dealing with history, philosophy, principles, and objectives of counseling in elementary and secondary schools and a consideration of the counselor's professional functions.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 5566. Professional Issues in Agencies. 3 Credit Hours.
Survey course dealing with history, philosophy, principles, and objectives of counseling in mental health agencies and a consideration of the counselor's professional functions.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.
CPSY 5571. Introduction to Counseling Psychology. 3 Credit Hours.
For students not majoring in counseling psychology. A lecture-laboratory course focusing on the nature, history, philosophy, techniques, and problems of counseling psychology.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 5572. Interviewing Techniques. 3 Credit Hours.
For students not majoring in counseling psychology. The theory and techniques of interviewing especially as they apply to problems of educational, vocational, personal and social counseling, rehabilitation, and employment.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 5579. Introduction to Couples and Family Counseling. 3 Credit Hours.
An introductory course on theoretical and therapeutic components of major schools of thought within marital and family therapy using videotapes, training films, guest lecturers, simulations, and observation of family sessions to explore specific therapeutic behaviors that differentiate schools of thought. Focusing on perceptual, conceptual, and clinical skills of family therapists provides a foundation for future training in this area.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 5591. Legal and Ethical Issues in Counseling Psychology. 3 Credit Hours.
To familiarize students and mental health professionals with the history and development of professional ethics and standards and their legal implications in the areas of counseling and psychotherapy. Topics include: privileged communication, confidentiality, rights of the client and agency, civil commitment, and licensure and mental health laws.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 5593. Career Counseling and Development. 3 Credit Hours.
Theories, strategies, and techniques of career counseling are described and illustrated. Research and theories in career development and decision-making are explored and related to lives of workers. Instruction is given in the work personality, history, and future of work, and needs of special populations.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 5668. Sem Counseling: Dev Psych. 3 Credit Hours.
Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 5691. Diagnosis in Counseling Psychology. 3 Credit Hours.
Course content focuses on historical perspectives related to psychopathology and diagnoses, diagnostic biases, and understanding the symptoms and treatment of major mental illnesses as they are expressed in a culturally diverse society. Pedagogical techniques include lectures, role-plays, and criterion-related exercises.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 5694. Introduction to Assessment. 3 Credit Hours.
Training of students in interpretation and use of various methods of assessment and diagnosis in schools and agencies. Lectures and laboratory procedures are employed to integrate theory and practice.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.
CPSY 5698. Counseling Psychology Laboratory I. 3 Credit Hours.
Analysis of counseling relationship, with emphasis on counseling micro skills training, as examined through prerecorded models, case studies, and role-playing.

**Level Registration Restrictions:** Must be enrolled in one of the following Levels: Graduate.

**Repeatability:** This course may not be repeated for additional credits.

CPSY 5699. Counseling Psychology Laboratory II. 3 to 6 Credit Hours.
Analysis of counseling relationship, with emphasis on crisis counseling intervention skills training, as examined through prerecorded models, case studies, and role-playing.

**Level Registration Restrictions:** Must be enrolled in one of the following Levels: Graduate.

**Repeatability:** This course may not be repeated for additional credits.

CPSY 8701. Seminar in Counseling Supervision and Consultation. 3 to 12 Credit Hours.
Focuses on the significance, structure, and techniques of supervision and consultation in the work of counselors. First-hand experience offered through supervising counselors-in-training. For advanced students in counseling.

**Level Registration Restrictions:** Must be enrolled in one of the following Levels: Graduate.

**Repeatability:** This course may not be repeated for additional credits.

CPSY 8764. Seminar in Counseling and Psycho-pathology. 3 Credit Hours.
The objectives of this course are for doctoral students to develop an understanding of the etiologies, diagnoses, and treatment approaches of the major psychopathological disorders within a multi-cultural context, become versed in the application and use of the DSM, apply the scientist/practitioner approach to diagnosis and treatment issues, and develop process skills which will enable students to adapt to future changes in the area of psychopathology.

**Level Registration Restrictions:** Must be enrolled in one of the following Levels: Graduate.

**Repeatability:** This course may not be repeated for additional credits.

CPSY 8789. Seminar in Race, Culture, and Gender in Psychotherapy. 3 Credit Hours.
The course focuses on the issues raised by diversity in the practice of psychotherapy. Students examine the literature and research related to this issue as well as their own perspectives and feelings. The attitudes, history, and culture of different groups in our society are reviewed. The objective is to assist students in integrating their knowledge of different groups and psychology with their self-awareness so they understand the demands of the transcultural therapist in a society with complex diversity.

**Level Registration Restrictions:** Must be enrolled in one of the following Levels: Graduate.

**Repeatability:** This course may not be repeated for additional credits.

CPSY 8790. Seminar in Counseling. 3 to 12 Credit Hours.
Taught on a rotating basis by the graduate faculty in counseling. Current trends, research, issues, and professional problems.

**Level Registration Restrictions:** Must be enrolled in one of the following Levels: Graduate.

**Repeatability:** This course may be repeated for additional credit.

CPSY 8791. Seminar in Learning Theory and Behavior Therapy. 3 Credit Hours.
The history, philosophy, and theoretical perspectives of learning theory and behavior therapy are examined. Learning theory as the foundation for behavior therapy is explored. Techniques of therapy such as cognitive therapy, relaxation training, systematic desensitization, contingency management, and flooding are reviewed. Additionally, concepts related to behavioral humanism are introduced, particularly as they relate to marriage and family therapy.

**Level Registration Restrictions:** Must be enrolled in one of the following Levels: Graduate.

**Repeatability:** This course may not be repeated for additional credits.
CPSY 8792. Seminar in Theories and Systems of Psychology and Counseling. 3 Credit Hours.
The course reviews and evaluates the theories and systems of psychology and counseling. Students explore how these theories and systems form the foundation for the current practices of behavior change and psychotherapy. Evaluative research related to the practices of psychotherapy and behavior change are examined. Students are expected to clarify their beliefs and theories about the therapeutic change process.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 8793. Seminar in Assessment. 3 Credit Hours.
Emphasis on the knowledge, skills and methods in comprehensive psychological assessment in counseling psychology. Practice in diagnostic interviewing, comprehensive assessment, integration of data, and reporting results. Instruction in assessing different individual dimensions, disorders and populations.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 8794. Seminar in Group Counseling and Group Therapy. 3 Credit Hours.
A didactic-experiential course focusing on selected theories of group counseling and psychotherapy, leadership training, research, and critical issues of the therapeutic management and/or facilitation of a counseling or therapy group.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 8795. Seminar in Family Psychology. 3 Credit Hours.
Taught from a scientist-practitioner perspective, the course covers the development of family psychology, and as a part of this movement, the conceptual and clinical foundations of family therapy, including integrative approaches.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 8796. Seminar in Neuropsychology. 3 Credit Hours.
The course focuses on the theories and research related to neuropsychology. The physiology of the brain and its interconnection with the psychology of the brain are explored. Further, the parameters and methods of neuropsychological assessment and remediation are reviewed.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 8797. Seminar in Legal and Ethical Issues in Counseling and Psychotherapy. 3 Credit Hours.
To familiarize students and mental health professionals with the history and development of professional ethics and standards and their legal implications in the areas of counseling and psychotherapy. Topics may include: privileged communication, confidentiality, rights of the client and agency, civil commitment, and licensure and mental health laws.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 8799. Community Counseling Clinic. 3 to 12 Credit Hours.
Clinical training with clients presenting vocational, educational, and personal problems.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may not be repeated for additional credits.

CPSY 9085. Advanced Counseling Techniques. 3 Credit Hours.
Provides counseling training experience that improves counseling skills and processes, while developing documentation and report writing skills.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may be repeated for additional credit.
CPSY 9185. Master's Internship in Counseling Psychology. 3 Credit Hours.
First-hand experience in doing the work of the counselor through placement in one or more appropriate settings.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may be repeated for additional credit.

CPSY 9285. Master's Internship in Counseling Psychology. 3 Credit Hours.
First-hand experience in doing the work of the counselor through placement in one or more appropriate settings.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may be repeated for additional credit.

CPSY 9385. Internship in Counseling Psychology. 1 to 6 Credit Hour.
This course is a one-year full-time experience working on the staff of an approved agency where counseling psychologists typically are employed. Placements are tailored to satisfy the professional training needs and interest of students. Emphasis is on advanced skill development.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may be repeated for additional credit.

CPSY 9387. Practicum in Counseling Psychology I & II. 3 to 12 Credit Hours.
This is a two-sequence course that provides students with exposure to the professional environments that they plan to be employed in the future (i.e., agencies or schools). Students will be involved in a variety of supervised activities at their program-approved sites (i.e., individual, couples, group, family counseling; various administrative and professional development activities).

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may be repeated for additional credit.

CPSY 9982. Independent Study in Counseling. 1 to 12 Credit Hour.
Intended to meet the needs of students who desire to carry on an individual investigation. For advanced students only.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Repeatability: This course may be repeated for additional credit.

CPSY 9999. Doctoral Dissertation in Counseling Psychology. 1 to 6 Credit Hour.
Registration limited to candidates for the Ph.D. program who have successfully completed the preliminary examination and the minimum hours of course work required for the degree. Continuous registration during the fall and spring semesters is required until the dissertation has been completed and accepted by the Graduate Board.

Level Registration Restrictions: Must be enrolled in one of the following Levels: Graduate.

Student Attribute Restrictions: Must be enrolled in one of the following Student Attributes: Dissertation Writing Student.

Repeatability: This course may be repeated for additional credit.