

Occupational Therapy (OTHR)

Course information contained within the Bulletin is accurate at the time of publication in June 2025 but is subject to change. For the most up-to-date course information, please refer to the Course Catalog.

OTHR 1001. Exploring Occupational Therapy. 2 Credit Hours.

This course, designed for non-majors, serves as an overview and introduction to occupational therapy (OT). Socio-historical influences leading to the establishment of the profession will be explored, as well as the philosophical foundation of "occupation" as therapeutic intervention. Experiential learning includes guided observation of a clinical setting as well as hands-on activities. Weekly readings from multiple sources inform students of professional issues and first-hand experiences of individuals adapting to disability and rehabilitation.

Repeatability: This course may not be repeated for additional credits.