

# Counseling Psychology (CPSY)

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Course information contained within the Bulletin is accurate at the time of publication in July 2024 but is subject to change. For the most up-to-date course information, please refer to the Course Catalog.

## **CPSY 2301. Helping Professions for Diverse Populations. 3 Credit Hours.**

This course prepares students for work in the helping professions. In this seminar, students will learn how to use empirical findings from psychological research to address issues encountered in community placements. Effective applications of the science of psychology in community settings depend not only upon the technical expertise of the student, but also on the student's adoption of a professional role. Thus, the course assists students in learning attitudes and behaviors that are characteristic of the profession of psychology.

**Level Registration Restrictions:** Must be enrolled in one of the following Levels: Undergraduate.

**Repeatability:** This course may not be repeated for additional credits.

## **CPSY 2302. Can We Talk? Real World Interviewing. 3 Credit Hours.**

The purpose of this course is to provide students with both an understanding of the theoretical concepts of interviewing as well as practice in developing interviewing skills. Students will understand the interviewer's role in the change process as applied to problems of education, counseling, performance, health care, and employment. Finally, students will become aware of the impact of personal attitudes, feelings, and behaviors upon the interviewing process.

**Level Registration Restrictions:** Must be enrolled in one of the following Levels: Undergraduate.

**Repeatability:** This course may not be repeated for additional credits.

## **CPSY 3571. Introduction to Counseling Psychology. 3 Credit Hours.**

A lecture course providing an overview of the field of counseling psychology as well as the role and function of the counselor in community and educational settings. Basic theories and principles of the counseling process, skills career, assessment, and group counseling approaches (couples, families, addictions and others) are covered.

**Repeatability:** This course may not be repeated for additional credits.

## **CPSY 3572. Interviewing Techniques. 3 Credit Hours.**

The theory and techniques of interviewing, especially as they apply to problems of educational, vocational, and social counseling, rehabilitation, and employment. Course includes learning skills and applying techniques in various work settings.

**Repeatability:** This course may not be repeated for additional credits.