Student Services

Temple University Career Center

220 Mitten Hall 1913 N. Broad Street
215-204-7981
215-204-4462 (Fax)
www.temple.edu/provost/careercenter/

The Temple University Career Center is a central resource that builds collaborative relationships among the Temple community, and empowers students and alumni through comprehensive career development services, driving successful careers.

Every Temple student can own their future with both our online and in-person career services. Students can meet with our career coaches to receive the tools and guidance to explore their career options, build their professional brand, gain experience, and make their path for life-long career success. The Career Center provides on-site services such as expert advice on resume and cover letter writing and networking. Additionally, the Career Center hosts a variety of events, including job and internship fairs, and industry-specific Career Talks that allow students to connect with employers and industry experts. Online, students can apply to over 1,500 active job and internship opportunities every week on the OwlNetwork (http://www.temple.edu/owlnetwork), and access a variety of online career resources to develop their skills and explore a diverse array of career paths.

Meet with a Career Coach by dropping-in for a 15-minute appointment Monday through Friday between 11:00 a.m. and 3:00 p.m., or scheduling a 30-minute appointment during business hours: Monday – Friday, 8:30 a.m. – 5:00 p.m. Temple students should also be aware of the career services resources within their school or college. For a complete list of the university's career services offerings, visit www.temple.edu/provost/careercenter/about/career-network.html.

Contact the Career Center at 215-204-7981 or careercenter@temple.edu.

Disability Resources & Services

100 Ritter Annex
1301 Cecil B. Moore Avenue
215-204-1280
215-204-1786 (TTY)
215-204-6794 (Fax)
drs@temple.edu
disabilityresources.temple.edu

Temple University is committed to the full inclusion of students with a disability in all programs and services. Disability Resources and Services (DRS) facilitates access and accommodations on an individualized basis and provides opportunities for students with a disability to grow and develop. We work to build a learning community where people with diverse abilities are valued and included in all facets of life at the university.

Our dedicated, knowledgeable staff meets with students to determine eligibility for accommodations and discuss strategies for college success. DRS develops programs and workshops to support student retention and provides training and awareness about access and inclusion to the entire university community.

Students who connect with DRS include those with physical, visual, hearing and speech disabilities, health, mental health, and autism spectrum conditions, attention deficits, brain injuries, and learning disabilities. We value students of all backgrounds. Many student veterans, student athletes, honors students, and international students who have a disability connect with DRS. DRS is a free, confidential service.

Services are available at all Temple University campuses. All students, regardless of their home campus, should contact DRS on Main Campus to register. Each campus has an identified DRS liaison.

Disability Resources and Services provides the following services:

- Pre-College Information
- Intake Assessment
- Accessible housing
- Orientation and placement test accommodations
- Classroom and testing accommodations, including:
  - Note-taking support
  - Testing accommodations
  - Alternate format materials
  - Sign language interpreters and CART services
Temple University Bulletin 2015-2016

- Assistive Technology
  - Assessment, training, and short-term equipment loans
- Scholarships
- Career Development
- Mentoring and leadership development opportunities

Visit disabilityresources.temple.edu to explore our programs and services.

Military and Veteran Services Center

215-204-VETS or 215-204-6130
601 Conwell Hall
Philadelphia, PA 19122
tuvets@temple.edu
www.temple.edu/veterans

Making the transition from military to college life can be challenging. To assist with this transition, Temple University Military and Veteran Services Center works with the various university departments to plan and implement educational and social programs to help veteran students succeed at Temple University.

Temple is recognized for its support of U.S. military veterans and active duty servicemembers in their pursuit of a college education. Designated by U.S. News & World Report as one of the nation’s “Best Colleges for Veterans” and ranked in the top 20% of Military Friendly® Schools by G.I. Jobs Magazine since 2010, Temple University, a proud participant of the Yellow Ribbon Program, provides access to excellence and opportunities for success for military service members and veterans who are admitted to and/or enrolled at Temple. Each school and college at the university, as well as all the key student services departments that provide direct service to veterans, has a designated veteran point of contact person to help assist students. Each school and college also has a veteran academic advisor. More information can be found on the web site at www.temple.edu/veterans. The University is committed to assisting our veterans, military students and their dependents with making a smooth transition from the military to student life.

For more information, please contact the Associate Director for Adult and Veteran Student Recruitment at 215-204-VETS or 215-204-6130 or e-mail tuvets@temple.edu. Questions regarding the certification process and VA benefits can be directed to the University’s Certifying Officer in the Office of the University Registrar at 215-204-7378 or OurVeterans@temple.edu.

PA Act 46

Pennsylvania Act 46 of 2014 requires public institutions of higher education in Pennsylvania to provide veteran students, as defined in the Act, with preference in course scheduling. Non-compliance may be reported to the Pennsylvania Department of Education by submitting the Higher Education Student Complaint form found at: www.education.state.pa.us (http://www.education.state.pa.us).

PA Act 11

Pennsylvania Act 11, which became law July 1, 2015, mandates Temple University to charge the in-state tuition rate to out-of-state students living in Pennsylvania and using their GI Bill benefits under chapters 30, 31, 33, 35 and sections 1606 and 1607. Eligible students will have their student account adjusted to reflect the in-state tuition rate. Temple will also review the financial aid package and make any necessary adjustments based on the in-state tuition rate.

Veterans Certification Process

Veterans may enroll as full-time or part-time students; however, benefits are based on enrollment status. To begin the process to use your benefits, it is imperative that you complete the steps that follow before the beginning of the first semester in which you are enrolled at the university, in order to receive your benefits in a timely and accurate manner:

- Write your TUID on the front of your Certificate of Eligibility.
- Upload the Certificate of Eligibility and/or other documents in the Veteran Benefit Declaration page in TUportal.
- If you are receiving Chapter 35 DEA benefits, you must also write the social security number of the parent who transferred benefits.

*NOTE - If you do not submit your certificate of eligibility in advance, it can negatively affect the timely and accurate processing of your program benefit payments.

If you do not have a Certificate of Eligibility, you can obtain a copy by contacting the VA at www.benefits.va.gov/gibill/ (http://www.benefits.va.gov/gibill), click on "Submit a Question" or call 1-888-GI-Bill1.

If you would like to use your GI Bill® benefits for a term, you must be registered for classes. Go to the Veteran Benefit Declaration page by clicking on the Veterans Declaration link in the Registrar Channel on TUportal.

- On the Veteran Benefit Declaration page, select the term, select "yes" under process benefits, provide your credit hours and click "save declaration."
• This process notifies the certifying official that you are ready to have your benefits processed for that term.

• **You must submit a declaration to use your benefits!**

If you do not want to use your GI Bill® benefits for the term, go to the Veteran Benefit Declaration page, select the term, select "no" under process benefits and click "save declaration."

The Veterans Coordinator in the Office of the University Registrar is available to answer questions concerning VA benefits at 215-204-7358 or OurVeterans@temple.edu.

Additional tools that can help you to make an informed decision about choosing Temple University:

- G.I. Bill® Comparison Tool Beta

- College Scorecard (College Affordability and Transparency Center)
  http://collegecost.ed.gov/scorecard/

- College Navigator - National Center for Education Statistics
  http://nces.ed.gov/collegenavigator/

- Yellow Ribbon Program Information 2015-2016

Paying For College
http://www.consumerfinance.gov/paying-for-college/

For more information on VA benefits, go to www.benefits.va.gov/gibill/ (http://www.benefits.va.gov/gibill)

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**Campus Recreation**

Pearson McGonigle Halls 048-02
Suite 303, 1800 N. Broad Street
215-204-1267
215-204-3800 (Fax)
campusrec@temple.edu
campusrecreation.temple.edu

Temple University Campus Recreation is the coordinating office for recreational sports programs at Main Campus. More than 4,000 students, faculty, and staff participate daily in one or more of the various activities offered by our office. These activities include intramurals (men's, women's, co-rec), sports clubs and organizations, informal recreation, special events and programs, group fitness, adapted recreation, aquatics, and student staff development.

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**Facilities**

**Independence Blue Cross Student Center (IBC) - 1701 N. 15th Street**
The 59,000 square foot Independence Blue Cross Student Center (IBC) provides participants with a first-class environment for fitness conditioning, group fitness, martial arts, and racquetball. The IBC also has an indoor jogging track and an outdoor multi-purpose court.

**Pearson McGonigle Halls - 1800 N. Broad Street, 3rd Floor Rec Court Area**
This space provides opportunities for activities such as basketball, volleyball, badminton, table tennis, as well as an indoor golf driving range. The courts are divided by three and a half mechanical curtains that can section off specific court areas or be raised to allow for full area events.

**Pearson McGonigle Halls - 1800 N. Broad Street, 2nd Floor Fitness Mezzanine Area**
The Fitness Mezzanine is an informal recreation area located on the second floor of Pearson McGonigle Halls. The 2,200 square foot Fitness Mezzanine features the following equipment: 12 cardio machines, 8 selectorized machines, interactive Xbox Kinect and Nintendo Wii gaming stations and 2 heavy bag and 2 speed bag workout stations. Boxing workout and gaming stations are available during designated hours; please check the Campus Recreation web site for more information. General Campus Recreation access policies and equipment use policies apply. Access to the Fitness Mezzanine Area must be through the second floor - Room PH-200.

**Pearson McGonigle Halls - 1800 N. Broad Street, Climbing Wall, Atrium**
Recreational climbing is available in the Pearson McGonigle Halls Atrium, featuring a 26 foot climbing wall, a 26 foot free standing tower and a 12 foot bouldering wall. Hours of operation will be listed on the Campus Recreation web site each semester. Equipment available for recreational use will include harnesses, carabiners, and climbing shoes. Orientations, belay certifications and climbing clinics will be offered at specified times throughout...
the semester. ID with valid recreation access is required to enter the climbing wall area. Limited space is available in the climbing wall area for patron access. Please Note: Due to the nature of climbing wall activities and the safety orientations required to use the wall, guest pass holders are not permitted entry into the climbing wall area. Special event activities are offered throughout the semester as well. Alterations to the normal schedule will be posted in the facilities and on the web site in advance.

**Pearson McGonigle Halls Pools (30/31) - 1800 N. Broad Street, Ground Level**
Aquatics programs are held in Pearson Hall Pools 30 & 31. Pool 30 is available for scheduled recreational swimming hours with some specific hours identified for lap swimming. Other aquatics events throughout the semester include: *Swim into Shape, Water Aerobics, and Learn to Swim/Guard Classes.***

**Temple University Fitness Center (TUF) - 1600 N. Broad Street, 2nd Floor**
The TUF center is a 16,000 square foot fitness facility that includes cardiovascular machines and selectorized weight training equipment. It also has significant space dedicated to circuit training, light weight, strength and core workout areas. TUF has backpack locker and sport towel services as well as a lounge area available for use by students, employees and alumni rec patrons.

**Temple Administrative Services Building Fitness Center - 2450 W. Hunting Park Avenue**
Campus Recreation manages the employee-only 4,300 square foot corporate fitness center at Temple's Administrative Services Building (TASB). The center offers a full line of strength equipment, numerous cardiovascular exercise machines and stretching/abdominal areas. Access is available through payroll deduction.

**Informal Recreation**
Informal Recreation provides the opportunity to pursue recreational activities on an unstructured and voluntary basis. Run, swim, lift weights, or participate in other recreational activities at designated times. With fitness as the overriding theme, informal recreation is a very popular amenity available to the campus community.

**Group Fitness**
Group Fitness programs provide participants with a variety of choices ranging from aerobics and yoga to body toning and spinning. More than 55 sessions per week are offered by certified leaders. Campus Recreation provides participants with a dynamic array of sessions in a first-class aerobic facility.

**Adapted Recreation**
Extracurricular opportunities exist for students with physical disabilities. The goals of the Adapted Recreation program are: to introduce students to lifelong leisure skills and to promote total participation in college life. The main focus of the program is a workout buddy program that matches students with disabilities with an able-bodied assistant to help them in their selected workout. Tennis, hand cycling, rowing and fitness conditioning are some of the available activities. If you seek advisement on recreational concerns in this area, contact our office to make an appointment.

**Intramural Sports**
The Intramural Program provides students with a flexible, yet structured, environment in which to participate in sport activities. Sport activities include basketball, dodgeball, flag football, field hockey, floor hockey, handball, indoor and outdoor soccer, softball, and volleyball. The sports are administered in league format with various divisions servicing men's, women's, and co-recreational teams. Teams and individuals must formally register for activities.

**Sport Clubs & Sport Organizations**
Sport Clubs and Sport Organizations are groups of individuals who share a common interest in a sport activity and have gained university recognition via registration procedures governed by Campus Recreation. Sport Clubs and Sport Organizations differ in scope and purpose and are classified as highly-competitive, instructional, and/or recreational. The key element to the program is that it is student-initiated and organized with an emphasis placed on participation and interest in the same activity. There are currently 36 active clubs: Badminton, Baseball, Bowling, Crossfit, Cycling, Equestrian, Fencing, Field Hockey, Gymnastics, Men's Elite Gymnastics, Ice Hockey, Indoor Rock Climbing, Karate, Lacrosse (Men's & Women's), Paintball, Powerlifting, Racquetball, Roller Hockey, Rugby (Men's & Women's, Sevens (M & W)), Snowboarding, Softball, Soccer (Men's & Women's), Swimming, Taekwondo, Tennis, Track (Men's), Ultimate Frisbee (Men's and Women's), Volleyball (Men's & Women's) and Wrestling. Additional clubs and organizations are not being added at this present time. Sport Club Interest Forms and Club Contact Lists may be obtained by visiting the Campus Recreation web site or the main office in Suite 303 of Pearson McGonigle Halls.

For further information, call Campus Recreation at 215-204-1267, or visit the department web site at campusrecreation.temple.edu.

**Ambler Campus**
Ambler Campus offers a variety of recreational and intramural activities. The campus includes the Red Barn Gym, basketball courts, a fitness center, outdoor pool, sand volleyball pit, a multipurpose field and tennis courts. For information about Ambler Campus recreational activities and facilities, visit the web site at http://ambler.temple.edu/athletics-and-wellness/recreation. For gymnasium information, call 267-468-8151. For pool information, call 267-468-8152.
International Student Services

Martyn J. Miller, Ph.D., Director
1700 N. Broad Street, Office 203B
215-204-7708 (Phone)
215-204-6166 (Fax)
www.temple.edu/isss and http://ielp.temple.edu/

International Student and Scholar Services (http://www.temple.edu/isss) (ISSS) provides services and support to Temple University’s international students, scholars and researchers. Contributing to Temple’s intellectual and cultural diversity, the international student and scholar community represents more than 120 countries and offers a unique opportunity to expand one’s cultural and academic horizons. To accomplish its mission, International Student and Scholar Services generates all legal documents required for nonimmigrant students and scholars; provides advisory and counseling services; serves as a liaison to university departments, U.S. and foreign government agencies, and the greater community; facilitates the assimilation of international students and scholars into the larger Temple community; and contributes to the international community’s cross-cultural understanding and appreciation. Detailed information on programs and services offered by ISSS is available from the office in 1700 N. Broad St. or the office’s web site at www.temple.edu/isss.

The Intensive English Language Program (http://ielp.temple.edu) provides English-language training to individuals seeking to improve their English language skills to prepare for admission to Temple University or other universities or colleges whose primary language of instruction is English. Detailed information on programs offered by IELP is available from the office in 1700 N. Broad St. or the office’s web site at http://ielp.temple.edu.

Temple University requires all new and continuing international students in Nonimmigrant Student (both F-1 and J-1) status to carry health insurance that meets certain minimum standards determined by the United States Department of State. For detailed information, please see www.temple.edu/hr/students/healthinsurance/international.htm.

All international students in Nonimmigrant Student (F-1 and J-1) status must maintain their nonimmigrant status insofar as regulations of the United States Citizenship and Immigration Services (USCIS) and the United States Department of State (DOS) are concerned. In general, students in this status must complete a full-time course load each academic term while they remain in the United States and must not accept unauthorized on-campus or off-campus employment. For detailed information, please see www.temple.edu/isss/current-students/status.html.

Eligibility for employment for individuals in Nonimmigrant Student (F-1 and J-1) status is based on regulations of the USCIS and the DOS. For detailed information, please see www.temple.edu/isss/employment/index.html.

Major medical health insurance is required for all international students in Nonimmigrant Student (F-1 and J-1) status. International students are required to submit to the university’s Benefits Office evidence of coverage by a health insurance policy that meets the minimum coverage required by Temple University (consistent with standards established by the United States Department of State): maximum deductible of $500 per accident or illness; payment of at least 75% of covered medical expenses; maximum benefit of $50,000 per accident or illness; repatriation benefits of no less than $7,500; and medical evacuation benefits of no less than $10,000. Students may also purchase such health insurance upon arrival at Temple University. For further information, please contact the university’s Benefits Office at 215-926-2270 or e-mail StudentInsurance@temple.edu. For detailed information, please see www.temple.edu/hr/students/index.html.

In addition, international students must demonstrate that they are free of active tuberculosis by submitting to Student Health Services a Tuberculosis Screening Record which has been certified by a licensed physician. International students may meet this requirement upon arrival at Temple University by taking a PPD test at Student Health Services (http://www.temple.edu/studenthealth).

A mandatory orientation session is held for new international students at the beginning of each academic term. For more information, please see the International Student and Scholar Services web site at www.temple.edu/isss/future-students/orientation-international.html and the Office of Orientation web site at http://orientation.temple.edu/.

For more information about maintaining Nonimmigrant Student (F-1 and J-1) status, please see www.temple.edu/isss.

Department of Intercollegiate Athletics

www.owlsports.com (http://www.owlsports.com)

The Department of Intercollegiate Athletics is committed to pursuing excellence at the Division I Football Bowl Subdivision (FBS) level and providing opportunities for its diverse student-athletes to maximize their athletic, academic and life-skill potential. The department sponsors 19 sports and provides high-level coaches and administrators, whose goal is to instill a winning attitude on and off the field of play through core values such as teamwork, leadership and service to others. As one of the most visible messengers of the Temple story, the Department of Intercollegiate Athletics strives to be a unifying force for the university with the city of Philadelphia, The Commonwealth of Pennsylvania, as well as the nation. Temple University is a proud member of the National Collegiate Athletic Association, the American Athletic Conference, the Big East Conference and the ECAC.

Office of the Dean of Students

Howard Gittis Student Center, Room 304
The mission of the Office of the Dean of Students is to engage, develop, and retain Temple students by providing them with supportive services, advocacy, and education. The Dean of Students office provides assistance to students and their parents/families in an effort to ensure co-curricular learning and overall collegiate success. The Dean's office also leads the University's CARE (Crisis Assessment Response and Education) Team and serves as a resource to faculty and staff who have concerns about a student. The areas which report through the Dean of Students are: CARE Team, Disability Resources and Services, HEART Wellness Resource Center, Leadership Development, Orientation, Student Activities (including Greek Life and student government), Student Conduct and Community Standards, Student Media, and Tuttleman Counseling Services.

Student Center Operations

Main Campus
Second Floor Mezzanine, Howard Gittis Student Center
215-204-7131
http://studentcenter.temple.edu/

Health Sciences Center
Second Floor, Student Faculty Center
215-707-4017
http://studentcenter.temple.edu/

Student Center Operations is responsible for the management and operation of the Student Faculty Center on the Health Science Campus, the Howard Gittis Student Center and a variety of other student-focused spaces on Temple's Main Campus. Our role is to serve the living, dining, meeting and recreation needs for the greater campus community. To foster excellent interactions, we offer flexible student-focused spaces, opportunities for student leadership and employment, and areas for student organizations to host events, programs and meetings.

On the Main Campus in the Howard Gittis Student Center our areas include the Game Room, the "Reel" Cinema, the Information Desk, the Graphics Media Center, and the Student Organizations Village. Additionally, just off the Atrium you will find the Book Store (Barnes & Noble), Philadelphia Federal Credit Union (PFCU), a UPS Store, the Office of Sustainability, and the Walker Food Court. We also manage the Owl Cove and the Great Court in Mitten Hall, and a variety of outdoor spaces including the Bell Tower and Liacouras Walk for Student Organization and other uses. All use of Student Center meeting and conference room spaces, lounges, and special event areas are managed by the Operations team, and we support over 12,000 bookings each year.

On the Health Sciences Campus, just north on Broad Street, in the Student Faculty Center (SFC), you will find another wonderful student center facility. The SFC includes both activities and operations with a primary focus on Health Science students - but all are welcome to attend events or programs. Our office manages the Recreation Center and all conference services needs for the Health Science Campus. All Student Center facilities are designed and managed with a strong student focus, to provide avenues for leadership through employment, and facilities which foster both formal and informal involvement.

The Main Campus Student Center offers a three-story atrium as a grand entrance to a variety of Student Affairs offices within the building. The Dean of Students; Student Activities; Orientation; Student Conduct; Temple Student Government; Temple News (student newspaper); and the Templar (student yearbook) all "live" in the Student Center.

The Student Faculty Center also offers a bookstore location, study and informal lounges, conference rooms, game spaces, a television lounge, dance studio, gymnasium, and fitness center. Your Temple Owl Card affords you access to the facility.

If you are interested in getting involved, finding a great place to meet and relax, or using space for your event, program or meeting, please visit us on the web at http://studentcenter.temple.edu/ or in our offices for more information - and please make sure to visit your Student Centers often!

Student Health & Wellness

Student Health Services
1810 Liacouras Walk, Fourth Floor
215-204-7500
215-204-4660 (Fax)
www.temple.edu/studenthealth

Student Health Services strives to promote a high standard of health among Temple University students through programs in preventive medicine and health education, in addition to diagnosis and treatment of injury and illness. Care providers include doctors, nurse practitioners, and nurses. Services offered at the Main, Ambler, and Health Sciences Center campuses include basic medical care, an immunization/allergy injection clinic, family planning services, and a self-care center. Other services offered at Main Campus include nutritional consultation and HIV testing.
Student Health Fee

As part of the University Services Fee, students are charged each semester during the academic year to help subsidize the basic diagnostic and treatment services provided by health care providers at all four campus locations. There are charges for services not covered by the Student Health Fee such as dispensed medications, orthopedic supplies, and immunizations. Office laboratory tests can be performed at Ambler and Health Sciences Center offices, while more extensive laboratory testing is available at the Main Campus office. Please check the Student Responsibilities (http://bulletin.temple.edu/undergraduate/about-temple-university/student-responsibilities) section for further information on health fee and insurance.

Tuttleman Counseling Services

John DiMino, Ph.D., Director
1810 Liacouras Walk
215-204-7276
215-204-5419 (Fax)
http://counseling.temple.edu/

Tuttleman Counseling Services (TCS) is a comprehensive provider of mental health services to Temple's student population. Our mission is to support and enhance the psychological functioning of our students and thereby support the academic mission of the university. It is recognized that our students are dealing with a variety of major life issues as they pursue their education. These include separation and individuation, identity formation, relationships, affiliation, and career choices. In addition, some students come to us with prior mental health histories and medication needs.

TCS is first and foremost a provider of individual and group counseling services. Couple and occasionally family counseling is available as well at the student's request. This foundation provides students with support and guidance for a wide variety of problems, from adjustment issues and transitory difficulties to more serious psychological problems and even severe mental illness. Whenever possible, we seek to help students avoid or reduce self-harm that may stem from making poor choices. TCS provides services in the following areas:

Psychological Services: Psychological Services is staffed by licensed psychologists who provide brief individual, couple, and group counseling, as well as referral, consultation, and educational workshops. Some common issues that are addressed, either individually or in groups, include:

- relationship problems
- stress, depression, anxiety
- eating disorders
- loss and/or grief
- procrastination
- shyness
- academic performance
- career decisions
- family problems
- sexuality and sexually-transmitted diseases
- gay, lesbian, bisexual, and transgender issues
- racism
- sexism
- vocational counseling

The Psychological Services staff will also assist students in locating resources and other services available on campus or in the city that are specific to their needs.

Psychiatric Services: Psychiatric Services is committed to caring for the mental health needs of Temple University students by providing psychiatric evaluations, medication consultations, and short-term individual psychotherapy. The psychiatrist also responds to referrals from other TCS units and serves as a liaison to the Health Sciences Center. Students are seen by appointment, except in emergency situations when immediate care is required.

CASA (Campus Alcohol and Substance Awareness): The Campus Alcohol and Substance Awareness (CASA) program is a comprehensive program focusing on all aspects of alcohol and other drug use and abuse. The CASA program is staffed by counselors who work with students individually and in groups.

SACE (Sexual Assault Counseling and Education): The SACE staff provides crisis intervention, survivor advocacy, individual counseling, and groups for survivors of assault, child sexual abuse, domestic violence, and sexual harassment.

Hours are 8:30 a.m. to 5:00 p.m., Monday - Friday. Walk-in Clinic hours for accessing services are 10:00 a.m. to 1:30 p.m. on Monday, Tuesday, Thursday, and Friday, and 9:00 a.m. to 12 noon on Wednesday. The staff also provides on-site services at the Ambler campus. Students are seen by appointment except in emergency situations when immediate care is required. Services are free and confidential for all registered students. Please call 215-204-7276 for more information.
Wellness Resource Center

Kimberly Chestnut, Ph.D., Director
Mitten Hall - Lower Level
215-204-8436
215-204-9710 (Fax)
tuheart@temple.edu
http://wellness.temple.edu/

The Wellness Resource Center is the on-campus health education and prevention department. The center is staffed by masters and doctorate level health professionals and supported by peer health educators. We are committed to providing comprehensive wellness resources and services that empower Temple University students in making informed, healthier choices, and achieving academic success. We also work with faculty, staff, and departments in training and consultation capacities to support them in addressing student health needs and concerns. The Wellness Resource Center's multifaceted model helps to create a collective consciousness of wellness on Temple's campus--with the hope of producing students who are not only well-educated but also healthy.

Wellness Resource Center provides training, consultation, and programs on a variety of topics, including:

- LGBTQA
- Alcohol and Substance Abuse
- Sexual Assault, Rape and Dating Violence
- Healthy Relationships
- Safer Sex
- Diversity
- Alcohol and Sex
- Sexually Transmitted Infections
- Stress/Time Management
- Self-Esteem
- Body Image and Nutrition
- HIV
- Sexuality: Orientation, Gender, Identity
- Mental Health

Wellness Resource Center provides a safe space for students to receive free, anonymous or confidential health information in a supportive environment. We engage with students in a variety of ways:

- Individual Health Education sessions
- Health Programming
- Peer Education
- Health-Related Referrals
- Condom Sales
- Promotion of a healthier campus environment
- Course instruction
- HIV Testing
- Campus-wide wellness events

Wellness Resource Center offers students opportunities to get involved as peer educators and interns. These students receive comprehensive wellness training, preparing them to support campus-wide health and wellness initiatives. Students can receive academic credit for their work with the Wellness Resource Center and there are a limited number of paid positions for students who have successfully completed our peer education class (SBS 2304 - formerly PBHL 2304).

Hours are 8:30 a.m. to 5:00 p.m., Monday - Friday. Please call 215-204-8436 for more information or visit our web site (http://wellness.temple.edu).