

# Counseling Psychology (CPSY)

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Course information contained within the Bulletin is accurate at the time of publication in June 2025 but is subject to change. For the most up-to-date course information, please refer to the Course Catalog.

**CPSY 2301. Helping Professions for Diverse Populations. 3 Credit Hours.**

This course prepares students for work in the helping professions. In this seminar, students will learn how to use empirical findings from psychological research to address issues encountered in community placements. Effective applications of the science of psychology in community settings depend not only upon the technical expertise of the student, but also on the student's adoption of a professional role. Thus, the course assists students in learning attitudes and behaviors that are characteristic of the profession of psychology.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 2302. Can We Talk? Real World Interviewing. 3 Credit Hours.**

The purpose of this course is to provide students with both an understanding of the theoretical concepts of interviewing as well as practice in developing interviewing skills. Students will understand the interviewer's role in the change process as applied to problems of education, counseling, performance, health care, and employment. Finally, students will become aware of the impact of personal attitudes, feelings, and behaviors upon the interviewing process.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 3571. Introduction to Counseling Psychology. 3 Credit Hours.**

A lecture course providing an overview of the field of counseling psychology as well as the role and function of the counselor in community and educational settings. Basic theories and principles of the counseling process, skills career, assessment, and group counseling approaches (couples, families, addictions and others) are covered.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 3572. Interviewing Techniques. 3 Credit Hours.**

The theory and techniques of interviewing, especially as they apply to problems of educational, vocational, and social counseling, rehabilitation, and employment. Course includes learning skills and applying techniques in various work settings.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5492. Theories of Counseling Psychology. 3 Credit Hours.**

This course explores the function and essential elements of counseling theories and examines the student's philosophical beliefs as they apply to counseling.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5511. Counseling in the Schools. 3 Credit Hours.**

First course for those concentrating in school counseling. The nature, techniques, and problems of school counseling are explored.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5519. Group Counseling. 3 Credit Hours.**

An exploration of the functions of group counseling in meeting client/student needs. Emphasis on theory and principles of group process and on the development of group skills by participation in an experiential group counseling situation. Attention to the practice of effective group leadership skills.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5526. Multicultural Counseling. 3 Credit Hours.**

This course is designed to prepare culturally competent mental health counselors who demonstrate knowledge, self-awareness, and skills in working with individuals, groups, and communities who represent various cultural and personal backgrounds and characteristics. The class introduces major concepts, models, theories, and research from the multicultural counseling psychology literature. Through the provided material students will be exposed to both the art and science of multicultural counseling competence. This course represents the starting point to the ongoing process of multicultural counseling competence and students are expected to continue developing and learning.

**Course Attributes:** SI

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5564. Addiction, Counseling, and Biological Bases of Behavior. 3 Credit Hours.**

Students will learn about the biological bases of behavior and their relations to human functioning, including the basic structure and function of the nervous system, normative neurological development and the biological functions implicated in common diagnoses, and the mechanisms by which common psychotropic medications affect the nervous system and behavior. Students will then explore the issues pertaining to the assessment, treatment, and prevention of addictions with the overall purpose of increasing our scientific and clinical expertise in working with individuals in counseling.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5565. Educational Specialists Coordinating Community Resources for Diverse Learners. 3 Credit Hours.**

The purpose of this course is to support the development of students' school counselor identities. This course is designed to build off of previous school counseling coursework and further expand the knowledge and skills needed to address contemporary professional issues in school counseling K-12.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5566. Professional Issues in Mental Health Counseling. 3 Credit Hours.**

This core course is designed to introduce graduate students to the field of counseling so that you will be prepared to meet the professional challenges in your practicum and internship placements. As such, this course is similar to a survey course, in that you will be exposed to the breadth of the field; yet it is more, in that we will be covering some topics in more depth. For example, you will be reviewing professional identity issues, PA licensure requirements, needs of special populations, and counseling in special settings.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5571. Introduction to Counseling Psychology. 3 Credit Hours.**

For students not majoring in counseling psychology. A lecture-laboratory course focusing on the nature, history, philosophy, techniques, and problems of counseling psychology.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5572. Interviewing Techniques. 3 Credit Hours.**

For students not majoring in counseling psychology. The theory and techniques of interviewing especially as they apply to problems of educational, vocational, personal and social counseling, rehabilitation, and employment.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5579. Introduction to Couples and Family Counseling. 3 Credit Hours.**

An introductory course on theoretical and therapeutic components of major schools of thought within marital and family therapy using videotapes, training films, guest lecturers, simulations, and observation of family sessions to explore specific therapeutic behaviors that differentiate schools of thought. Focusing on perceptual, conceptual, and clinical skills of family therapists provides a foundation for future training in this area.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5591. Legal and Ethical Issues in Counseling Psychology. 3 Credit Hours.**

To familiarize students and mental health professionals with the history and development of professional ethics and standards and their legal implications in the areas of counseling and psychotherapy. Topics include: privileged communication, confidentiality, rights of the client and agency, civil commitment, and licensure and mental health laws.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5593. Career Counseling and Development. 3 Credit Hours.**

Theories, strategies, and techniques of career counseling are described and illustrated. Research and theories in career development and decision-making are explored and related to lives of workers. Instruction is given in the work personality, history, and future of work, and needs of special populations.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5668. Sem Counseling: Dev Psych. 3 Credit Hours.**

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5691. Diagnosis in Counseling Psychology. 3 Credit Hours.**

Course content focuses on historical perspectives related to psychopathology and diagnoses, diagnostic biases, and understanding the symptoms and treatment of major mental illnesses as they are expressed in a culturally diverse society. Pedagogical techniques include lectures, role-plays, and criterion-related exercises.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5694. Introduction to Assessment. 3 Credit Hours.**

Training of students in interpretation and use of various methods of assessment and diagnosis in schools and agencies. Lectures and laboratory procedures are employed to integrate theory and practice.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5698. Fundamental Counseling Techniques. 3 Credit Hours.**

The purpose of this course is to develop the basic skills students will need in order to conduct successful client-counselor interactions. We accomplish this through the practice and development of counseling microskills in an experiential format. Students will have an opportunity to begin to develop mastery of these skills through in class role-playing, mock interviews, and videotaped counseling session role-plays.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 5699. Crisis Prevention, Intervention, and Consultation. 3 Credit Hours.**

The purpose of this course is to provide students with both an understanding of the theoretical concepts of counseling as well as practice in further developing your clinical skills. Using the foundation of Fundamental Counseling Techniques, more advanced areas (such as crisis counseling) will be explored in preparation for practicum and internship placement.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 8701. Seminar in Counseling Supervision and Consultation. 3 to 12 Credit Hours.**

Focuses on the significance, structure, and techniques of supervision and consultation in the work of counselors. First-hand experience offered through supervising counselors-in-training. For advanced students in counseling.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 8764. Seminar in Counseling and Psycho-pathology. 3 Credit Hours.**

The objectives of this course are for doctoral students to develop an understanding of the etiologies, diagnoses, and treatment approaches of the major psychopathological disorders within a multi-cultural context, become versed in the application and use of the DSM, apply the scientist/practitioner approach to diagnosis and treatment issues, and develop process skills which will enable students to adapt to future changes in the area of psychopathology.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 8789. Seminar in Race, Culture, and Gender in Psychotherapy. 3 Credit Hours.**

The course focuses on the issues raised by diversity in the practice of psychotherapy. Students examine the literature and research related to this issue as well as their own perspectives and feelings. The attitudes, history, and culture of different groups in our society are reviewed. The objective is to assist students in integrating their knowledge of different groups and psychology with their self-awareness so they understand the demands of the transcultural therapist in a society with complex diversity.

**Course Attributes:** SI

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 8790. Seminar in Counseling. 3 to 12 Credit Hours.**

Taught on a rotating basis by the graduate faculty in counseling. Current trends, research, issues, and professional problems.

**Repeatability:** This course may be repeated for additional credit.

**CPSY 8791. Seminar in Learning Theory and Behavior Therapy. 3 Credit Hours.**

The history, philosophy, and theoretical perspectives of learning theory and behavior therapy are examined. Learning theory as the foundation for behavior therapy is explored. Techniques of therapy such as cognitive therapy, relaxation training, systematic desensitization, contingency management, and flooding are reviewed. Additionally, concepts related to behavioral humanism are introduced, particularly as they relate to marriage and family therapy.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 8792. Seminar in Theories and Systems of Psychology and Counseling. 3 Credit Hours.**

The course reviews and evaluates the theories and systems of psychology and counseling. Students explore how these theories and systems form the foundation for the current practices of behavior change and psychotherapy. Evaluative research related to the practices of psychotherapy and behavior change are examined. Students are expected to clarify their beliefs and theories about the therapeutic change process.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 8793. Seminar in Assessment. 3 Credit Hours.**

Emphasis on the knowledge, skills and methods in comprehensive psychological assessment in counseling psychology. Practice in diagnostic interviewing, comprehensive assessment, integration of data, and reporting results. Instruction in assessing different individual dimensions, disorders and populations.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 8794. Seminar in Group Counseling and Group Therapy. 3 Credit Hours.**

A didactic-experiential course focusing on selected theories of group counseling and psychotherapy, leadership training, research, and critical issues of the therapeutic management and/or facilitation of a counseling or therapy group.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 8795. Seminar in Family Psychology. 3 Credit Hours.**

Taught from a scientist-practitioner perspective, the course covers the development of family psychology, and as a part of this movement, the conceptual and clinical foundations of family therapy, including integrative approaches.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 8796. Seminar in Neuropsychology. 3 Credit Hours.**

The course focuses on the theories and research related to neuropsychology. The physiology of the brain and its interconnection with the psychology of the brain are explored. Further, the parameters and methods of neuropsychological assessment and remediation are reviewed.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 8797. Seminar in Legal and Ethical Issues in Counseling and Psychotherapy. 3 Credit Hours.**

To familiarize students and mental health professionals with the history and development of professional ethics and standards and their legal implications in the areas of counseling and psychotherapy. Topics may include: privileged communication, confidentiality, rights of the client and agency, civil commitment, and licensure and mental health laws.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 8799. Community Counseling Clinic. 3 to 12 Credit Hours.**

Clinical training with clients presenting vocational, educational, and personal problems.

**Repeatability:** This course may not be repeated for additional credits.

**CPSY 9085. Advanced Counseling Techniques. 3 Credit Hours.**

Provides counseling training experience that improves counseling skills and processes, while developing documentation and report writing skills.

**Repeatability:** This course may be repeated for additional credit.

**CPSY 9185. Master's Internship in Counseling Psychology. 3 Credit Hours.**

First-hand experience in doing the work of the counselor through placement in one or more appropriate settings.

**Repeatability:** This course may be repeated for additional credit.

**CPSY 9285. Master's Internship in Counseling Psychology. 3 Credit Hours.**

First-hand experience in doing the work of the counselor through placement in one or more appropriate settings.

**Repeatability:** This course may be repeated for additional credit.

**CPSY 9385. Internship in Counseling Psychology. 1 to 6 Credit Hour.**

This course is a one-year full-time experience working on the staff of an approved agency where counseling psychologists typically are employed. Placements are tailored to satisfy the professional training needs and interest of students. Emphasis is on advanced skill development.

**Repeatability:** This course may be repeated for additional credit.

**CPSY 9387. Practicum in Counseling Psychology I & II. 3 to 12 Credit Hours.**

This is a two-sequence course that provides students with exposure to the professional environments that they plan to be employed in the future (i.e., agencies or schools). Students will be involved in a variety of supervised activities at their program-approved sites (i.e., individual, couples, group, family counseling; various administrative and professional development activities).

**Repeatability:** This course may be repeated for additional credit.

**CPSY 9982. Independent Study in Counseling. 1 to 12 Credit Hour.**

Intended to meet the needs of students who desire to carry on an individual investigation. For advanced students only.

**Repeatability:** This course may be repeated for additional credit.

**CPSY 9999. Doctoral Dissertation in Counseling Psychology. 1 to 6 Credit Hour.**

Registration limited to candidates for the Ph.D. program who have successfully completed the preliminary examination and the minimum hours of course work required for the degree. Continuous registration during the fall and spring semesters is required until the dissertation has been completed and accepted by the Graduate Board.

**Repeatability:** This course may be repeated for additional credit.